



#gtchat Jun 17, 2011 Noon



DeborahMersino My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream; feel free to join us! Topic: Introverts & Extraverts! #gifted #gtchat
11:56 am



ljconrad RT @DeborahMersino: My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream; feel free to join us! Topic: Introverts & Extraverts! #gifted #gtchat
11:57 am



DeborahMersino Our 8yo dog, Buttercup, just feel down the entire flight of wooden steps...feel so tender toward her! #gtchat
11:58 am



laughingatchaos @DeborahMersino Oh no! She ok? #gtchat
11:59 am



chrstinef Ahhhhh!!!! I made it! #gtchat
11:59 am



DeborahMersino Hoping so...she's walking okay...fingers crossed. Have to be in Denver rest of day...so tender.... #gtchat
11:59 am



DeborahMersino @chrstinef - So glad you're here!! #gtchat
12:00 pm



ljconrad @DeborahMersino :(Give her a hug from Aunt Lisa. #gtchat
12:00 pm



DeborahMersino Welcome to #gtchat ! Our topic today: Understanding and Supporting Introverts & Extraverts. Join us now! #gtchat
12:00 pm



laughingatchaos @chrstinef Hello there! Long time no see! LOL #gtchat
12:00 pm



DeborahMersino Thanks everyone...really scared me... #gtchat
12:00 pm



laughingatchaos RT @DeborahMersino: Welcome to #gtchat ! Our topic today: Understanding and Supporting Introverts & Extraverts. Join us now! #gtchat
12:00 pm



deepwaterscoach RT @DeborahMersino: Welcome to #gtchat ! Our topic today: Understanding and Supporting Introverts & Extraverts. Join us now! #gtchat
12:00 pm



DeborahMersino Please take a moment to introduce yourselves, your role (parent, educator, advocate, psychologist) & share where you reside! #gtchat
12:01 pm



ljconrad Hello from Pittsburgh, blogger, advocate, parent of 2 gifted young adults. All finished with high school! Yea! #gtchat
12:01 pm



Susannewith3 RT @DeborahMersino: Welcome to #gtchat ! Our topic today: Understanding and Supporting Introverts & Extraverts. Join us now! #gtchat
12:01 pm



GiftedPhoenix #gtchat Hello from wet, cold and miserable England. I'm a retired gifted ed policy wonk now consulting and feeding a blogging/twitter habit
12:01 pm



DeborahMersino I'm Deborah Mersino, moderator of #gtchat, wife/mom to 2 girls, marketing consultant to gifted communities, living in Colorado. #gtchat
12:01 pm



cybraryman1 Twitterbrarian from Florida anxious and energized to explore the inner world of #gtchat today
12:01 pm



DeborahMersino @ljconrad - Congrats! #gtchat
12:02 pm



DeborahMersino Hooray, @GiftedPhoenix is in the house! #gtchat
12:02 pm



chrstinef Christine from Southern CA here. School psych, author, GT adult, parent to two GT kiddos - 10 and 14 #gtchat
12:02 pm



LisaDSB Lisa in Ontario. Homeschool mom/former lawyer/parent of gifted kids. I posted some links a few minutes ago on introversion. #gtchat
12:02 pm



laughingatchaos Jen in CO-soon IL, THE HOUSE SOLD! Ahem. Mom to 2 2e boys, writer/blogger/advocate. Only slightly crazed. ;) #gtchat
12:02 pm



DeborahMersino Happy to see everyone! #gtchat
12:02 pm



padgets #gtchat I am SHaron and I am an ELL and Freshman Academy science teacher from Iowa doing summer school watching the kids on mangahigh
12:02 pm



jofrei Hi Jo Freitag from Gifted Resources in Melbourne Australia #gtchat
12:02 pm



Susannewith3 Susanne, from NC, homeschooler with 2 gifted kids (so far) & a blogger on issues of homeschooling and gifted stuffs and an extrovert #gtchat
12:02 pm



chrstinef @laughingatchaos WOO HOO!! #gtchat
12:02 pm



deepwaterscoach Hello from CO! Life coach to gifted grownups & parents of GT kids. Mom to 2 GT kiddos, 1 2e. #gtchat
12:02 pm



ljconrad @laughingatchaos Congrats! #gtchat
12:02 pm



DeborahMersino @LisaDSB - Yes, thank you the links! I'm looking forward to reading the piece from The Atlantic! #gtchat
12:02 pm



jofrei @laughingatchaos Yay!!! Wonderful Jen! #gtchat
12:03 pm



MamaChicks Hi! Mona in Seattle. Homeschool mom to one DS11 #gtchat
12:03 pm



deepwaterscoach RT @laughingatchaos: Jen in CO-soon IL, THE HOUSE SOLD! Ahem. Mom to 2 2e boys, writer/blogger/advocate. Slightly crazed. ;)/yippee!!! #gtchat
12:03 pm



cybraryman1 @laughingatchaos Congratulations. See my Mortgage page: <http://tinyurl.com/43sah79> #gtchat
12:03 pm



DeborahMersino Caring for Your Introvert via The Atlantic <http://bit.ly/iJvBrG> <=TY @LisaDSB
12:03 pm #gtchat



MamaChicks @laughingatchaos - YAY!! #gtchat
12:03 pm



Susanewith3 RT @deepwaterscoach: Jen in CO-soon IL,THE HOUSE SOLD!Ahem.Mom to
12:04 pm 2 2e boys, writer/blogger/advocate. Slightly crazed. ;)/yippee!!! #gtchat



chrstinef Time for another fabulous, FAST twitter chat about introverts and extroverts.
12:04 pm WOOT! #gtchat



laughingatchaos @cybraryman1 Bwahahahaha!!!! Why am I not surprised? ;) #gtchat
12:04 pm



Susanewith3 @cybraryman1 @laughingatchaos Cybraryman has EVERYTHING #gtchat
12:04 pm



DeborahMersino Even though I'm an extravert married to an introvert I actually didn't really get
12:04 pm excited about this topic until thinking about kids #gtchat



DeborahMersino At the Gifted Development Center this week, I've been learning a lot more
12:05 pm about my dd09 (introvert) & it's been fascinating. #gtchat



jofrei Lesley Sword The gifted introvert <http://www.giftedservices.com.au/StartingPoints/Introverts.html> #gtchat
12:05 pm



DeborahMersino Let's start off with some questions and then we'll get to some tips. Sound
12:05 pm good? #gtchat



Susanewith3 @DeborahMersino yes! The youngest two are too little to really tell yet, but my
12:05 pm oldest two are polar opposites :) #gtchat



chrstinef @DeborahMersino I am 100% an introvert! YEP!!! As is hubby and teen. The
12:05 pm youngest...very extroverted #gtchat



DeborahMersino 1) Would you consider yourself an introvert or an extravert (and yes, that's the
12:06 pm MTBI spelling)? Why? #gtchat



laughingatchaos RT @jofrei: Lesley Sword The gifted introvert <http://www.giftedservices.com.au/StartingPoints/Introverts.html> #gtchat
12:06 pm



LisaDSB Introversions: The Often Forgotten Factor Impacting the #Gifted: <http://bit.ly/I1NHGB> (Reposting to get this into the transcript.) #gtchat
12:06 pm



DeborahMersino Q1 (cont) And what about your family members? Do you know whether they
12:06 pm are introverts or extraverts? #gtchat



padgets #gtchat can you be both? I am very out there at school but quiet at home
12:06 pm



jofrei @DeborahMersino Just reading back a bit - hope buttercup is ok! #gtchat
12:06 pm



laughingatchaos I'm very much an introvert w/extravert tendencies. LOL! Social extravert, I
12:06 pm believe it's called. #gtchat



GiftedPhoenix #gtchat Here's a fun infographic on the incidence of introversion/extraversion
12:07 pm by US state - <http://on.wsj.com/kR3n6N>



christinef Q1 - I define intro/extraverts based on how people RENEW their emotional energy. I am definitely an introvert! #gtchat
12:07 pm



MamaChicks Q1: I am definitely an introvert, but (as one career counselor told me), "who functions as an extravert." #gtchat
12:07 pm



Susannewith3 Q1) I'm def. an extravert. #gtchat
12:07 pm



deepwaterscoach Q1: Hubby & I are introverts. Kids are extraverts. Don't tell me God doesn't have a sense of humor... #gtchat
12:07 pm



DeborahMersino I'm going to list some characteristics while you post....Taken from Dr. Linda Silverman's Upside-Down Brilliance Book. #gtchat
12:07 pm



laughingatchaos Q1: Not sure about the rest of my fam. DS10 is a conundrum, thought he was ext., now not sure. #gtchat
12:07 pm



christinef Q1 - but I am not SHY and shyness is NOT a feature of either, IMHO - it is something else all together #gtchat
12:07 pm



jofrei Q1 I'm definitely an Introvert! #gtchat
12:07 pm



ClipSnap Hi! Parent of 2 Gifted Kids (1 Introvert & 1 Extravert) in a top-secret location in New Jersey. #GTCHat
12:07 pm

HoagiesGifted Hi all! Joining you from I-80 north of Sacramento :-) #gtchat
12:07 pm



laughingatchaos Q1: Same with DS6. Just not sure. Hubby? Sigh...no idea. Yeah, fun fun here... #gtchat
12:07 pm



DeborahMersino Introverts: Gains energy in solitude. Focused on inner thoughts/feelings. Is reserved. Needs privacy. Is contemplative/thoughtful. #gtchat
12:07 pm



LisaDSB I'm an introvert, but don't mind being center stage (public speaking, courtroom, etc.). Hubby & DS9 are intro; DS11 is way extra! #gtchat
12:08 pm



laughingatchaos @christinef Me too. Need to be alone to recover and renew. #gtchat
12:08 pm



DeborahMersino Introverts (cont). Can mask feelings. Is reflective. Mentally rehearses before speaking. Learns by observing. Avoids attention. #gtchat
12:08 pm



christinef @DeborahMersino 100% agreed #gtchat
12:08 pm



ljconrad Q1: Blended personality. Introverted until I have a chance to check out the crowd. Then, I decide if it's worth my while to engage! #gtchat
12:08 pm



Susannewith3 Q1: I never feel more energized then when I'm with or have been around others. :) #gtchat
12:08 pm



MamaChicks Q1 part 2: all three of us are introverts. Of the three, I can function as extravert, but have higher recharge needs than other two. #gtchat
12:08 pm



laughingatchaos @DeborahMersino Hey! One of the few books I didn't pack! LOL #gtchat
12:08 pm



cybraryman1 Q1 I am a combination of both #gtchat

12:08 pm



GiftedPhoenix #gtchat Q1 Introvert with extraverted partner and mixed up son

12:08 pm



DeborahMersino Introverts (cont). Is uncomfortable with change. Is loyal to a few close friends.

12:08 pm Is quiet in large groups. #gtchat



padgets #gtchat Q1 umm well then I would say I am a mut

12:08 pm



tbrwn @DeborahMersino Q1: mostly extraverted...reminds me to find my mbti full report (ENFP, i think)...#gtchat

12:08 pm



Susannewith3 Hubby is an introvert, Marcus is too, Kylie is like me :) #gtchat

12:08 pm



jofrei Q1 All members of our family are Introvert but one daughter not quite to the same extent #gtchat

12:09 pm



chrstinef @laughingatchaos I have found that I can develop extravert behaviors through social media....but I still require periods of solitude #gtchat

12:09 pm



DeborahMersino Extravert (credit to Silverman again): Gains energy from interaction w/others, focused on ppl/things around them, is outgoing #gtchat

12:09 pm

HoagiesGifted I've got an intravert that's nearly extroverted, and an extrovert who's playing intravert lately (20) #gtchat (+ hubby=serious intravert)

12:09 pm



laughingatchaos @tbrwn I can't remember mind. Need to search for it... #gtchat

12:09 pm



DeborahMersino Extravert (cont) Is usually open & trusting, is action-oriented, usually shows feelings, may be impulsive :-) #gtchat

12:10 pm



cybraryman1 @chrstinef Social media does enable us to show our other side #gtchat

12:10 pm



padgets #gtchat Hubby extravert children introverts

12:10 pm



ljconrad Q1P2: All extroverts! #gtchat

12:10 pm



laughingatchaos @chrstinef Me too. Also comfy w/pub speaking, but have to recover solo. #gtchat

12:10 pm

HoagiesGifted Hubby has looked nearly extrovert with a few select folks in the gt community...

12:10 pm I love it! #gtchat



chrstinef @DeborahMersino agreed. Though I would argue that introverts can be outgoing and that outgoing is a behavior #gtchat

12:10 pm



DeborahMersino Extravert: Thinks out loud (yes!), learns by doing, seeks attention, adapts quickly to new situations, makes friends easily #gtchat

12:10 pm



DeborahMersino Extraverts (cont) Is a risk-taker in groups #gtchat

12:10 pm



deepwaterscoach We need to remember that we're really leaning toward one or the other but carry characteristics of both. It's a continuum. #gtchat
12:10 pm



padgets #gtchat yep still a mutt
12:10 pm

HoagiesGifted Oh, and self = huge extrovert - no kidding ;-) #gtchat
12:10 pm



chrstinef @cybraryman1 Yep! I think the natural distance afforded through the computer is the thing that helps #gtchat
12:10 pm



Susannewith3 @DeborahMersino those are all me :) #gtchat
12:11 pm



cybraryman1 RT @DeepWatersCoach: We need to remember that we're really leaning toward one or the other but carry characteristics of both. #gtchat
12:11 pm



LisaDSB Even on social media, I don't always express myself unless I feel I have something to say! #gtchat
12:11 pm



GiftedPhoenix #gtchat Q1 Many of us introverts can pretend to be extraverts in certain contexts - normally those we can control?
12:11 pm



jofrei Lesley Sword does say that gifted introverts often seem more like extraverts when they ar with other gifted lnts- finally have pals! #gtchat
12:11 pm



chrstinef @DeborahMersino I woul say our GT extroverts REQUIRE friendship to renew - but do NOT make them easily #gtchat
12:11 pm



tbrwn @cybraryman1 Agreed re: social media. Technology allows us to (safely--in our own time/way) explore our less-strong tendencies. #gtchat
12:11 pm



padgets #gtchat I am a mix breed depends on the situation
12:11 pm



MamaChicks @DeborahMersino: Interesting... your desc of extravert is very much me. But need alone time to recharge #gtchat
12:11 pm



ljconrad @deepwaterscoach Ooooo it's so hard being good! >:) #gtchat
12:11 pm



DeborahMersino @deepwaterscoach makes an excellent point. We all have some introversion & extraversion! #gtchat
12:11 pm



Susannewith3 @deepwaterscoach that's true, as heavily extroverted I am there are times (espec. when nursing an infant) time alone would be great. #gtchat
12:11 pm



GiftedPhoenix RT @laughingatchaos: @chrstinef Me too. Also comfy w/pub speaking, but have to recover solo. That makes 3 of us! #gtchat
12:12 pm



DeborahMersino @MamaChicks - Me too! #gtchat
12:12 pm



deepwaterscoach RT @ljconrad: @deepwaterscoach Ooooo it's so hard being good! >:) #gtchat// I know but we PROMISED!
12:12 pm



DeborahMersino "It's really a matter of the degree to which you exhibit traits on one side or the other on the continuum." - Dr. Silverman. #gtchat
12:12 pm



Susannewith3 @chrstinef @DeborahMersino I agree. Making GOOD friends that are great helps at recharging is hard. #gtchat
12:12 pm



chrstinef @DeepWatersCoach I think we hold all aspects of personality within ourselves, and exhibit certain behaviors more often than others #gtchat
12:12 pm



MamaChicks Are we using MBTI defs of introvert/extravert? How do you recharge? Or are we using social defs. If latter, I change my answer. LOL #gtchat
12:13 pm

HoagiesGifted Nah, I love the commotion after I speak... no quiet for me! #gtchat
12:13 pm



deepwaterscoach @chrstinef I agree. #gtchat
12:13 pm



DeborahMersino Q2: Do you think extraverts have a harder time understanding introverts or the other way around? Or the same difficulty? #gtchat
12:13 pm



chrstinef @HoagiesGifted commotion only for a while...than I CRASH :D #gtchat
12:13 pm



DeborahMersino @chrstinef Agreed. #gtchat
12:13 pm



GiftedPhoenix #gtchat Can a roomful of introverts get along without a few extraverts to fuel the conversation?
12:13 pm



laughingatchaos Q2: Think it's confusion both ways. Tough when parents/kids are opposites.
12:14 pm #gtchat



DeborahMersino Q2 (cont): What's been your experience? (e.g., understanding your partner, kids, students)? #gtchat
12:14 pm



chrstinef @DeborahMersino IMO...same difficulty. both are viewing the world through their one lens #gtchat
12:14 pm

HoagiesGifted Q2: definitely! It's hard to realize that their brains aren't working just like my brain! I have to take time to remember... #gtchat
12:14 pm



Susannewith3 Q2: I would think it would be harder for extroverts, introverts get exposed to extrovert behavior all the time via media #gtchat
12:14 pm



tbbrwn @jofrei Concur. I think GTs are a group that need to interact with other GTs. Techn can facilitate irr of distance/mbti type/etc #gtchat
12:14 pm



padgets #gtchat Q2 well my husband and I are opposites so it has worked for 25 years
12:14 pm



LisaDSB Extraverts in extended family always trying to add more ppl to the mix, when we want to keep gatherings small. They don't get us! #gtchat
12:14 pm



DeborahMersino @HoagiesGifted - Agree! My dd09 has been a mystery to me!! #gtchat
12:15 pm



MamaChicks Q2: tough both ways. My BFF is extravert and sometimes we exhaust each other with contradictory needs. #gtchat
12:15 pm



jofrei RT @laughingatchaos: Q2: Think its confusion both ways. Agree #gtchat
12:15 pm



Susannewith3 Q2: I know it's hard for me to not get why someone wouldn't just love collaboration and extended periods of time with others. #gtchat
12:15 pm



GiftedPhoenix #gtchat My experience has been that, in a relationship, an introvert + an extravert is a powerful combination!
12:15 pm



chrstinef Q2 once I really understood my own introvertedness, I could facilitate everything amongst family members better #gtchat
12:15 pm



deepwaterscoach RT @jofrei: RT @laughingatchaos: Q2: Think its confusion both ways. Agree//agree! #gtchat
12:15 pm



cybraryman1 Q2 Nobody can figure me out! #gtchat
12:15 pm



chrstinef @MamaChicks I SO understand that! #gtchat
12:15 pm



LisaDSB I'm quite chatty with other gifted ppl, discussing "issues". I shut up when other soccer moms want to gossip, etc. #gtchat
12:16 pm



chrstinef @cybraryman1 you're just an enigma! #gtchat
12:16 pm



DeborahMersino "Contrary to general opinion, introverts can be extremely skillful socially and quite popular." Silverman #gtchat
12:16 pm



Susannewith3 @LisaDSB I have to be very understanding of my husband because of that. I'd pack the house weekly and have people just show up. #gtchat
12:16 pm



laughingatchaos @cybraryman1 But...you have a page for that? ;) #gtchat
12:16 pm



Susannewith3 @LisaDSB I adore gossip. One of my vices. I think I could talk about everything. #gtchat
12:16 pm



tbrwn @DeborahMersino i think harder for Int's to understand Ext's: Ext can choose to be quiet/alone, Int find harder to be in spotlight #gtchat
12:16 pm



jofrei Some Introverts can put on extravert mask for performances, presentations etc then need some me by myself time later #gtchat
12:16 pm



ljconrad @cybraryman1 I think Mrs B has a pretty good handle on it! lol #gtchat
12:17 pm



Susannewith3 RT @DeborahMersino: "Contrary to general opinion, introverts can be extremely skillful socially and quite popular." Silverman YES #gtchat
12:17 pm



chrstinef @DeborahMersino YES!!!! I totally agree. I don't consider myself social awkward or uncomfortable, but man I need my down time #gtchat
12:17 pm



DeborahMersino "I find that many gifted women are "closet introverts"...W/astute social awareness& imitative abl, they've learned lang of extr. S #gtchat
12:17 pm



GiftedPhoenix @LisaDSB #gtchat Yes - small talk is anathema to many of us introverts!
12:17 pm



MamaChicks RT @DeborahMersino: " introverts can be extremely skillful socially and quite popular." YES. People usually surprised I am introvert #gtchat
12:17 pm



padgets #gtchat ohhhh the mystery
12:17 pm



ljconrad @LisaDSB Exactly! Not worth my time. Would rather think to myself. #gtchat
12:17 pm



Susannewith3 My husband has an honest to god GIFT for social interaction and people handling. But he'd rather not. :) #gtchat
12:17 pm



MamaChicks @chrstinef: AGREE! #gtchat
12:17 pm



chrstinef @tbbrwn for some introverts. I LOVE publis speaking to LARGE audiences. But I requie peroidic solitude #gtchat
12:17 pm



tbbrwn @Susannewith3 ha, me too. we have to PLAN parties/get-togethers. Spontaneous fetes are frowned upon :) #gtchat
12:18 pm



chrstinef @DeborahMersino perfect! Yes #gtchat
12:18 pm



GiftedPhoenix #gtchat Introverts get more practice at pretending to be extraverts than vice versa, so may be able to empathise more
12:18 pm



cybraryman1 I read somewhere that introverts make up 60% of the gifted population but only about 25-40% of general population #gtchat
12:18 pm



chrstinef @tbbrwn (and I can't type obviously) #gtchat
12:18 pm



LisaDSB I'm always the mom with a book at the kids activities. I'll engage, but would prefer not. #gtchat
12:19 pm



DeborahMersino Q3: What do you WISH "the other side" knew about you and your needs? (i.e. Extraverts wish their introverted partner knew...)? #gtchat
12:19 pm



laughingatchaos @chrstinef I'm the same way. #gtchat
12:19 pm



MamaChicks On the other hand, sometimes I just need to get OUT and DO something. Can't spend ALL day inside my own head. #gtchat
12:19 pm



Susannewith3 @tbbrwn sigh, so hard for me, and they can't be overly planned, he hates the 'waiting' to be around a bunch of people. #gtchat
12:19 pm



MamaChicks @LisaDSB Ha ha me too!! #gtchat
12:19 pm



DeborahMersino @cybraryman1 - I've heard that too...also that the higher the IQ, the more likely the person is to be introverted. #gtchat
12:19 pm



padgets #gtchat me too I am the one with the ipod at games but ran the little league for 7 yrs
12:19 pm



HoagiesGifted @cybraryman1 I've also heard those studies are slanted because they were done at summer programs (CTY, etc.) and were self-selected #gtchat
12:20 pm



laughingatchaos Q3:Not wanting to attend an event doesn't mean I don't like you, just means I'm not comfortable w/that many people or need solitude #gtchat
12:20 pm



Susannewith3 @cybraryman1 I think that makes sense, if you are constantly around people
12:20 pm who aren't peers it'd be difficult to be 'charged' by 'em #gtchat



chrstinef Q3 - I wish that peeps in general understood that a quiet child is not
12:20 pm necessarily one who does NOT understand what is going on. #gtchat



deepwaterscoach Q3: I wish extraverts knew that I'm quite content to be by myself, and not
12:20 pm defective for needing alone time. #gtchat



DeborahMersino @GiftedPhoenix - Interesting...makes sense to me (re empathy). Moreover,
12:20 pm extraverts r typically more self-oriented/need strokes #gtchat



ljconrad Q3: I have a lot more important things to think about than idle chatter. #gtchat
12:20 pm

HoagiesGifted @DeborahMersino higher IQ = more introverted... see, I'm not that gifted! ;-)
12:20 pm #gtchat



chrstinef @DeborahMersino @cybraryman1 Ah, but is that they ARE introverted or
12:20 pm simply unable to connect due to intellect. Vry different things #gtchat



jofrei Q3 Wish people would know I am not being aloof or snobby or ... if I am not
12:20 pm joining in #gtchat



laughingatchaos RT @deepwaterscoach: Q3: I wish extraverts knew that Im quite content to be
12:21 pm by myself, and not defective for needing alone time. #gtchat



southernbelle85 RT @cybraryman1: I read somewhere that introverts make up 60% of the
12:21 pm gifted population but only about 25-40% of general population #gtchat



padgets #gtchat @jofrei okie dokie love ya!
12:21 pm



LesLinks Heellllooooo..... Leslie here sliding in... #gtchat
12:21 pm



DeborahMersino RT @chrstinef Q3 I wish peeps in general understood a quiet child is not
12:21 pm necessarily one who does NOT understand what is going on. ! #gtchat



LisaDSB Q3 -- I wish extraverts wouldn't try to make us go out, thinking we're missing
12:21 pm something and need our social lives "fixed". #gtchat



Susannewith3 Q3: I wish people knew that my enthusiasm for activity isn't a challenge to their
12:21 pm dread of it, just a natural reaction. #gtchat



GiftedPhoenix #gtchat @cybraryman1 so being a gifted extravert is being in the minority -
12:21 pm whereas the opposite is true of mixed ability classes



ljconrad RT @deepwaterscoach: Q3: I wish extraverts knew that Im quite content to be
12:21 pm by myself, and not defective for needing alone time. #gtchat



padgets #gtchat @LesLinks hey there!
12:21 pm



chrstinef @DeborahMersino @cybraryman1 I think sme of the emo angst with HIGHLY
12:21 pm gt could be that they are extroverted by nature but unable... #gtchat



MamaChicks Anyone notice a connex between hyper-sensory and need to be alone? Q3: I
12:22 pm get very sensory defensive when I haven't had time alone. #gtchat



laughingatchaos RT @jofrei: Q3 Wish people would know I am not being aloof or snobby or ... if
12:22 pm I am not joining in<=me too #gtchat



christinef @DeborahMersino @cybraryman1 find the connections they require to thrive
12:22 pm and renew. #gtchat



DeborahMersino RT @HoagiesGifted @DeborahMersino higher IQ = more introverted... see, I'm
12:22 pm not that gifted! ;-)<=Me neither! :-)< #gtchat



cybraryman1 @DeborahMersino I am glad you are having this chat because it is something
12:22 pm that teachers/parents need to be aware of & understand #gtchat



MamaChicks RT @jofrei: Q3 Wish people would know I am not being aloof or snobby or ... if
12:22 pm I am not joining in<=same here #gtchat



LesLinks I have an introvert that needs huge amounts of time on her own.. loves her own
12:22 pm room, space.. school /crowds of people exhaust her... #gtchat



laughingatchaos @MamaChicks I do too. Why I need solo time, even away from my family
12:22 pm #gtchat



tbrwn @DeborahMersino Q3 that I wish we could go out more. not a "fix" ala
12:22 pm @LisaDSB but wanting the Int's presence to share experience #gtchat



christinef @MamaChicks Me too! #gtchat
12:23 pm



GiftedPhoenix Q3. That it's perfectly ok and acceptable not to 'engage' at social events -
12:23 pm there's nothing wrong with choosing to be a wallflower #gtchat



DeborahMersino @LisaDSB makes an excellent. Introverts don't NEED to become extraverts.
12:23 pm They're perfect as is! #gtchat



LisaDSB @MamaChicks Me too! (sensory overload if not enough alone time). DH can't
12:23 pm touch me if it's been a hard day with the kids. #gtchat



Susannewith3 Q3: I also wish that people knew that I'm not willing to have dd dial back her
12:23 pm energy when it's not harming others. #gtchat



laughingatchaos @GiftedPhoenix I'm not a wallflower, I'm a side conversation. ;) #gtchat
12:23 pm



padgets #gtchat how do I tell the difference between the student who needs to be left
12:23 pm alone and the one who needs my help who will not speak?



Susannewith3 @tbrwn ooh yes! #gtchat
12:23 pm



laughingatchaos @LisaDSB AMEN TO THAT! So hard when hubby works from home... #gtchat
12:23 pm



DeborahMersino Extraverted parents who try to "shape" their introverted kids into being
12:23 pm "extraverts" miss the point. #gtchat



LesLinks RT @laughingatchaos: @MamaChicks I do too. Why I need solo time, even
12:24 pm away from my family ... we all do sometimes.. very intense.. #gtchat



MamaChicks @laughingatchaos Love it!! (a side conversation) #gtchat
12:24 pm



christinef Q3 - really, I think if we allow people/kids to be who they authentically are,
12:24 pm without constantly trying to "fix" them... #gtchat



DeborahMersino RT @padgets how do I tell the difference between student who needs to be left
12:24 pm alone and the one who needs my help who won't speak? #gtchat



christinef Q3 - that is the key! #gtchat
12:24 pm



LesLinks RT @Susannewith3: Q3: Im not willing to have dd dial back her energy when
12:24 pm its not harming others. Your a good mom.. #gtchat



Susannewith3 Q3: Also, I wish they knew that I'm not trying to bug em, I'm just interested in
12:24 pm just about everything and everyone around me. #gtchat

HoagiesGifted Finally found it (yeah, on my own page) [www.hoagiesgifted.org/
12:24 pm personality_type.htm](http://www.hoagiesgifted.org/personality_type.htm) #gtchat



cybraryman1 The wallflower may be taking it all in but not dealing with the trivial matters.
12:24 pm #gtchat



ljconrad @laughingatchaos And a very stimulating one at that! :) #gtchat
12:24 pm



christinef @DeborahMersino agreed! #gtchat
12:24 pm



jofrei @southernbelle85 Abt60% of gifted children introverted compwith 30% general
12:24 pm pop Approx 75% of highly gifted introverted Silverman #gtchat



gatsbyandme RT @christinef: Q3 - really, I think if we allow people/kids to be who they
12:24 pm authentically are, without constantly trying to "fix" them... #gtchat



laughingatchaos @ljconrad Yup! :) #gtchat
12:24 pm



ClipSnap As am I. RT @cybraryman1: Q1 I am a combination of both #gtchat
12:25 pm



Susannewith3 @LesLinks :) I do make her stay out of peoples faces though. :D #gtchat
12:25 pm



DeborahMersino Okay...I'm going to post some tips now on Raising Introverted Children via
12:25 pm Silverman. Many are applicable to adults too! #gtchat



Susannewith3 RT @christinef: Q3-really, I think if we allow people/kids to be who they
12:25 pm authentically are, without constantly trying to "fix" them #gtchat



deepwaterscoach RT @christinef: Q3 - I think if we allow people/kids to be who they authentically
12:25 pm are, without constantly trying to "fix" them... #gtchat

HoagiesGifted Silverman based on studies that are no longer consider accurate #gtchat
12:25 pm



DeborahMersino As I'm posting...comment/share your experiences/see what resonates! #gtchat
12:25 pm



GiftedPhoenix @laughingatchaos #gtchat Just as long as you're not talking to yourself out
12:26 pm loud!



LisaDSB My DS9 is slow to engage in new situations b/c he needs time to stand back & assess. Took 1/2 a season to start scoring in hockey! #gtchat
12:26 pm



padgets #gtchat well my friends time to take my students to lunch hope to be back tonight take care and tweet you all next time
12:26 pm



tbrwn @DeborahMersino Many Ps force youngun's into situations in which they just won't fit & don't see positives of others' mbti types #gtchat
12:26 pm



ljconrad Boy would I love to go to a party with everyone here! What a trip! #gtchat
12:26 pm



DeborahMersino Credit for all tips goes to Linda Silverman - Upside-Down Brilliance. #gtchat
12:26 pm



laughingatchaos @GiftedPhoenix LOL! Nah, I talk to the plants in a pinch. ;) #gtchat
12:26 pm

HoagiesGifted I think eg/pg LOOK introverted because they're not comfortable... you should see them in a group of eg/pg - amazing! #gtchat
12:26 pm



chrstinef @ljconrad um...SCARY #gtchat
12:26 pm



LisaDSB RT@southernbelle85 Abt60% of gifted children introverted compwith 30% general pop Approx 75% of highly gifted introverted Silverman #gtchat
12:26 pm



Susannewith3 @LisaDSB That's my oldest. He's a slow starter but springs to life after he's comfortable. #gtchat
12:26 pm



DeborahMersino Tip 1: Respect their need for privacy. (i.e. introvert tells you a secret, keep it. Knock before entering room). - S #gtchat
12:27 pm

HoagiesGifted @ljconrad Come on over! We'll party! #gtchat
12:27 pm



Susannewith3 @ljconrad I would be the loud one in the middle of the room. :) #gtchat
12:27 pm



DsBSC Q3: not sure doing this right. But I usually get anxious b4 n after i get results to an exam. I got a 97 on mycalc exam was stillanx #gtchat
12:27 pm



laughingatchaos RT @DeborahMersino: Tip 1: Respect their need for privacy. (i.e. introvert tells you a secret, keep it. Knock before entering room). #gtchat
12:27 pm



chrstinef @HoagiesGifted see, I totally agree with that. That is why I like using the "renewing" definition #gtchat
12:27 pm



DeborahMersino Tip 2: Never embarrass them in public (too late for me). Introverts are easily humiliated (accd to Silverman). Reprimand privately. #gtchat
12:27 pm



ljconrad @HoagiesGifted :D #gtchat
12:28 pm



ClipSnap #GTChat I think that extras often don't understand intro's, because society values social interaction as a positive.
12:28 pm



laughingatchaos RT @DeborahMersino: Tip 2: Never embarrass them in public. Introverts are easily humiliated (accd 2 Silverman). Reprimand privately. #gtchat
12:28 pm



DeborahMersino Tip 3: Give them time to think. Don't demand instant answers (especially if
12:28 pm you're an extravert dealing w/introvert!). #gtchat



chrstinef @DsBSC You will get anxious, I think, related to your perfectionism. The good
12:28 pm news..you can "talk" yourself down from it #gtchat



gatsbyandme Any one know how well project-based learning schools works for gifted middle
12:28 pm schoolers? #gtchat

HoagiesGifted Tip 1 - excellent ideas, even for dealing with us extraverts! #gtchat
12:28 pm



LisaDSB RT @DeborahMersino Tip 2: Never embarrass them in public. Introverts are
12:28 pm easily humiliated (accd to Silverman). Reprimand privately. #gtchat



laughingatchaos RT@DeborahMersino:Tip 3:Give them time to think. Dont demand instant
12:28 pm answers(especially if youre an extravert dealing w/introvert!). #gtchat



Susannewith3 @DeborahMersino true, although I think a fair amount of parenting duty
12:29 pm involves embarrassing your kid :) Only in jest :D #gtchat



DeborahMersino Regarding the "Give them time to think" - If you demand they process situation
12:29 pm out loud, you're asking for a meltdown. Wait 24 hours. S #gtchat



chrstinef I put a lot of similar tips in Emotional Intensity for parents and teachers, and in
12:29 pm 101 Success Secrets for kids. #gtchat



Susannewith3 RT@DeborahMersino:Tip 3:Give them time to think. Dont demand instant
12:29 pm answers(especially if youre an extravert dealing w/introvert!). #gtchat



MamaChicks RT @DeborahMersino: Tip 3: I tell couples in counseling to "make an
12:29 pm appointment" for an important conversation. #gtchat



ljconrad @DeborahMersino Are talking parents of gifted? #gtchat
12:29 pm



MamaChicks Tip 3 part b: Helps ext bcuz being add, helps intro bcuz time to think. #gtchat
12:29 pm



laughingatchaos @DeborahMersino Lordy, that's DS10. Slow processing speed
12:29 pm w/demands=meltdown #gtchat

HoagiesGifted Tip 3: that's a HUGE diff between int and ext - we think fast, out loud, on our
12:29 pm feet, don't need time to consider answer #gtchat



DeborahMersino Tip 3 (cont) And if you're an extravert, you'll want to share things immediately.
12:30 pm Realize introverts may not want to hear it #gtchat



chrstinef @gatsbyandme my concern with project based learning EXCLUSIVELY is that
12:30 pm lack of preparation for the demands of HS and college...(1/2) #gtchat



Susannewith3 Tip 3 is SO HARD for me. I'm an instant person. It takes my oldest a little bit to
12:30 pm pull it together and sort out what's pertinent #gtchat



DeborahMersino @ljconrad - Yes. But also fits general public too. And adults... #gtchat
12:30 pm



GiftedPhoenix #gtchat It's probably also important to support your introverted kids in learning
12:30 pm to mimic extravert behaviour when they need to.



chrstinef @gatsbyandme in terms of traditional learning models present w/in honors and academically rigorous colleges #gtchat
12:30 pm



Susannewith3 RT @DeborahMersino: Tip 3 & if you're an extravert, you'll want to share things immediately. Realize introverts may not want to hear it #gtchat
12:31 pm



DeborahMersino Tip 4: Plan more time for transitions for introverts. Silverman uses example of calling, "Dinner!" & no one coming. #gtchat
12:31 pm



DeborahMersino Tip 4 (cont). Introverts do better with 15 min warnings...to help w/transitions. #gtchat
12:31 pm



Susannewith3 Again, hard. I just love sharing. Love engaging, and I TRY hard not to be an interrupter. #gtchat
12:31 pm



MamaChicks @DeborahMersino Tip 4: and they say that is an ADHD trait... :! #gtchat
12:31 pm



laughingatchaos RT @DeborahMersino: Tip 4: Plan more time for transitions for introverts. Silverman uses example of calling, "Dinner!" & no one coming. #gtchat
12:32 pm



laughingatchaos RT @DeborahMersino: Tip 4 (cont). Introverts do better with 15 min warnings...to help w/transitions. #gtchat
12:32 pm



Susannewith3 Tip 4: I always use 'warnings' "kids, school in 30 minutes...cleaning in 15 minutes.." etc. etc. #gtchat
12:32 pm



DeborahMersino Tip 5: Give them advanced notice of expected changes in their lives (i.e. school change, acceleration, move). Need to process. S #gtchat
12:32 pm



tbrwn @DeborahMersino Agree 99% Tip 3. But life doesn't always give time to think-sometimes req quick think/action. hard for Ints but nec. #gtchat
12:32 pm



chrstinef I think it is important for BOTH types to understand themselves, and their counterparts - only then can behavior be adjusted #gtchat
12:32 pm



DeborahMersino @Susannewith3 - I hear you! #gtchat
12:32 pm



laughingatchaos RT @DeborahMersino: Tip 5: Give them advanced notice of expected changes in their lives (i.e. school change, acceleration, move). #gtchat
12:32 pm



MamaChicks Tip 5: I had to give my introv hubby 30 days advance notice to change the paint color in the living room. ROFL #gtchat
12:33 pm



DeborahMersino Highly recommend this book by Silverman (not a lot of copies left/will post link). Talks about gifted introverts' needs re Tip 5! #gtchat
12:33 pm



chrstinef And I think it is important to remember that the social/emo aspects of GT make all characteristics of Intro/extra more intense #gtchat
12:33 pm



LiteraryFeline RT @chrstinef: Q3 - I wish that peeps in general understood that a quiet child is not necessarily one who does NOT understand what is going on. #gtchat
12:33 pm

HoagiesGifted Tip 5: even MORE important for introverted slightly Aspie gifted kids!! #gtchat
12:33 pm



Susannewith3 Tip 5 is good too, I sprang something big on oldest one time. Sigh. NEVER again. #gtchat
12:33 pm



laughingatchaos RT @chrstinef: It is important to remember that the social/emo aspects of GT
12:33 pm make all characteristics of Intro/extra more intense #gtchat



GiftedPhoenix #gtchat Especially in the typical working environment 'extraverted behaviour' is
12:34 pm sometimes essential for a leader/manager. Skills to learn..



LisaDSB Tried to buy Silverman's Upside-Down Brilliance, but impossible to get w/out
12:34 pm spending a fortune. Needs a reprint! #gtchat



deepwaterscoach RT @chrstinef: I think it is imp't to remember that the social/emo aspects of GT
12:34 pm make all characteristics of Intro/extra more intense #gtchat



jofrei RT @HoagiesGifted: Tip 5: even MORE important for introverted slightly Aspie
12:34 pm gifted kids!! Yes! #gtchat



MamaChicks Tip 5: DS melted when I rearranged the dining room while he was at preschool.
12:34 pm "My perfect life is RUINED!!!!" #gtchat



tbbrwn @Susannewith3 Me, too (re waiting). I often think to myself: Listen, don't wait
12:34 pm to talk. Take in Convo then add to it. hard for me #gtchat



DeborahMersino Tip 6: Don't interrupt them (introverts!). When 2 extraverts carry on a
12:34 pm conversation they can talk/listen @same time/not introverts! #gtchat

HoagiesGifted @Mamachicks That's our problem - we're still builder's white after 14 years,
12:34 pm because he doesn't approve color! #gtchat



DeborahMersino @ljconrad - Be you! I adore you. #gtchat
12:34 pm



laughingatchaos @MamaChicks Yeah, had a situation like that once. Caught me by surprise.
12:35 pm #gtchat



DeborahMersino @MamaChicks - Wow...I so get that...see that in my youngest... #gtchat
12:35 pm



GiftedPhoenix @DeborahMersino Re tip 5 - Yes! I don't do spontaneity! #gtchat
12:35 pm

HoagiesGifted Tip 6: active listening is GREAT! #gtchat
12:35 pm



Susannewith3 Tip 6 is another hard one for me. :(I really try not to interrupt, I DO. #gtchat
12:35 pm



laughingatchaos RT @DeborahMersino: Tip 6: Dont interrupt introverts. #gtchat
12:35 pm



GiftedPhoenix RT @HoagiesGifted: Tip 5: even MORE important for introverted slightly Aspie
12:35 pm gifted kids!! #gtchat



tbbrwn @DeborahMersino Very true--Tip 6. Interesting, though, how Int folks thrive in
12:35 pm this online fast-paced chat, don't you think? :) #gtchat



gatsbyandme @chrstinef It would be through HS. pperhaps college courses in adjunct in HS
12:36 pm to help transition? #gtchat



Susannewith3 @MamaChicks YES. Ruined his life for a while. #gtchat
12:36 pm



DeborahMersino Tip 6 (cont). Silverman talks about having a signal that your introvert (or you) can give to an extravert which means, "Don't int." #gtchat
12:36 pm



jofrei @LisaDSB Try Maxine Cowie of Starjump for Silverman book she has stock on hand <http://www.starjump.com.au/> #gtchat
12:36 pm



chrstinef @laughingatchaos I'm introverted, and I tend to interrupt! It's a by-product of crazy fast brain! #gtchat
12:36 pm



laughingatchaos @tbbrwn Don't have the personalities IN the room w/us. ;) #gtchat
12:36 pm



MamaChicks Tip 6: sigh... introv DS takes SOOOO LOOOONG to say anything... brain processing so fast he has trouble getting words in exact order #gtchat
12:36 pm

HoagiesGifted @Susannewith3 Tip 6 is another hard one for me. :(I really try not to interrupt, I DO. #gtchat <-- me too!
12:36 pm



ljconrad @DeborahMersino shhhh #gtchat
12:36 pm



tbbrwn @DeborahMersino Yep! learned this one right away with the Boss: her signal: "Just listen, don't talk" :) #gtchat
12:36 pm



chrstinef @gatsbyandme a combo could work. Just remember, the previous school setting is to PREPARE the child for the next... #gtchat
12:36 pm



GiftedPhoenix RT @DeborahMersino: Tip 6: Don't interrupt them (introverts!). Extraverts can talk/listen @same time but not true of introverts! #gtchat
12:36 pm



DeborahMersino Favorite line/Silverman talking about herself (an extravert): Should be wearing a T-shirt that says, "I'm talking & I can't stop!" #gtchat
12:37 pm



laughingatchaos @MamaChicks OMG! Here too! DS10's brain moves faster than mouth & he tends to trail off talking! #gtchat
12:37 pm



MamaChicks @chrstinef Hubby interrupts all the time. He says it's because he is excited. But so frustrating! #gtchat
12:37 pm



chrstinef @gatsbyandme MS for HS, HS for college, college for life. Important thing to keep in mind when making decisions...look at... #gtchat
12:37 pm



Susannewith3 @MamaChicks YES and the tangential thoughts have to get sifted, half of his answers are referencing side issues. #gtchat
12:37 pm



DeborahMersino @chrstinef makes an interesting point about gifted introverts interrupting b/c of fast thinking...that makes sense to me. #gtchat
12:37 pm



chrstinef @gatsbyandme the attributes needed for next level, and make sure programming incorporates those expectations. Really helps! #gtchat
12:38 pm



GiftedPhoenix @tbbrwn Twitter is almost the perfect medium for a bunch of introverts to interact! #gtchat
12:38 pm



DeborahMersino Tip 7: Teach them new skills privately rather than publicly. #gtchat
12:38 pm



BarnestormJohn @chrstinef - parents are astounded "why didn't you talk before?" kid - "Up till now everything's been ok". - I love that one #gtchat
12:38 pm



DeborahMersino RT @GiftedPhoenix @tbrwn Twitter is almost the perfect medium for a bunch of introverts to interact! #gtchat
12:38 pm

HoagiesGifted @DeborahMersino Favorite Silverman line about herself: Should be wearing a T-shirt "I'm talking & I can't stop!" #gtchat <-- love it = me!
12:38 pm



laughinggatchaos RT @DeborahMersino: Tip 7: Teach them new skills privately rather than publicly. #gtchat
12:38 pm



MamaChicks @GiftedPhoenix HA HA yes twitter great for introverts. Any social media, in fact. Time to think through responses #gtchat
12:39 pm



chrstinef @BarnestormJohn love that! #gtchat
12:39 pm



DeborahMersino @HoagiesGifted - Me too! :-)) I cracked up reading that... #gtchat
12:39 pm



jofrei RT @GiftedPhoenix: @tbrwn Twitter is almost the perfect medium for a bunch of introverts to interact! Hear, hear! #gtchat
12:39 pm



Susannewith3 @tbrwn yes! And its funny because i teach speech comm and do a whole chapter on listening. Should pay attention to what I teach. #gtchat
12:39 pm



ljconrad My worst habit - completing other people's sentences. Sometimes they drive me nuts. Sorry. #gtchat
12:39 pm



MamaChicks RT @DeborahMersino: Tip 7: Teach them new skills privately rather than publicly. <= ABSOLUTELY! #gtchat
12:39 pm



DeborahMersino Tip 8: Help them overcome their fear of making mistakes. "Gifted introvert is a perfectionist squared." - Silverman #gtchat
12:39 pm



tbrwn Good idea for study-measuring Introverted GT folks' comfort levels of online processing speed...how quickly respond/post/chat/etc. #gtchat
12:39 pm



laughinggatchaos RT@DeborahMersino: Tip 8: Help them overcome their fear of making mistakes. "Gifted introvert is a perfectionist squared."-Silverman #gtchat
12:40 pm



tbrwn @Susannewith3 What? :) #gtchat
12:40 pm



ljconrad @DeborahMersino Amen to tip #8. #gtchat
12:40 pm



deepwaterscoach Bummer--gotta run! Thx for a great chat--will catch up w/ you all later! #gtchat
12:40 pm



laughinggatchaos Perfectionist squared: HooBOY, that's me. :/ #gtchat
12:40 pm



DeborahMersino Tip 9: Help them find one best friend who has similar interests and abilities. - Silverman #gtchat
12:40 pm



tbrwn @GiftedPhoenix You bet! I'd agree with that #gtchat
12:40 pm



Susannewith3 @tbrwn the active listening :) #gtchat
12:40 pm



laughingatchaos RT @DeborahMersino: Tip 9: Help them find one best friend who has similar interests and abilities. - Silverman<=Wish.I.COULD! #gtchat
12:41 pm



MamaChicks Tip 8: OMG kill me now. #gtchat
12:41 pm



giainojosephine RT @DeborahMersino: Tip 8: Help them overcome their fear of making mistakes. "Gifted introvert is a perfectionist squared." - Silverman #gtchat
12:41 pm



DeborahMersino Re Tip 9 - Introverts need to connect w/others at their level -especially important. #gtchat
12:41 pm



ljconrad @deepwaterscoach See ya later! <3 #gtchat
12:41 pm



cybraryman1 @ljconrad I got in trouble when I was in the 9th grade completing my teacher's sentences. #gtchat
12:41 pm



laughingatchaos @MamaChicks LOL! You or the kids? ;) #gtchat
12:41 pm



ljconrad @MamaChicks lol #gtchat
12:41 pm



christinef @deepwaterscoach have a great day! #gtchat
12:41 pm



MamaChicks @laughingatchaos Same here - best friends with similar interests AND ability impossible to find. #gtchat
12:41 pm



DeborahMersino Tip 10: Don't pressure them to make a lot of friends! - Silverman #gtchat
12:41 pm



giainojosephine RT @giainojosephine: Hello all, greetings from central NJ, gifted advocate Josephine Giaimo jumping in in the middle... #gtchat
12:41 pm



Susannewith3 If a gifted introvert is a perfectionist squared is a gifted extrovert the opposite?I'm a 'go go go mistakes can be fixed later' gal #gtchat
12:42 pm



DeborahMersino @deepwaterscoach - We'll miss you! So glad you were here for a bit! #gtchat
12:42 pm



tbrwn @DeborahMersino Tip 9 is a good idea--i had that prob as a young student-GT class helped #gtchat
12:42 pm



MamaChicks @laughingatchaos The whole family!! AAAAAGGGGHH #gtchat
12:42 pm



jofrei @tbrwn That would be interesting study! #gtchat
12:42 pm



laughingatchaos @MamaChicks Yeah, it's killing us here. :(#gtchat
12:42 pm



laughingatchaos RT @DeborahMersino: Tip 10: Dont pressure them to make a lot of friends! - Silverman #gtchat
12:42 pm



ljconrad @cybraryman1 I still get in trouble for this! Unfortunately they're my co-workers! #gtchat
12:42 pm



laughingatchaos @MamaChicks LOL! Wow! #gtchat

12:42 pm



DeborahMersino @giaimojosephine - Welcome! #gtchat

12:42 pm



jofrei @giaimojosephine Good to see you! #gtchat

12:42 pm



chrstinef @MamaChicks @laughingatchaos I really didn't find a group to connect with until I started writng and socially connecting. #gtchat

12:42 pm



LisaDSB RT @DeborahMersino Tip 8: Help them overcome their fear of making mistakes. "Gifted introvert is a perfectionist squared."- Silverman #gtchat

12:42 pm



chrstinef @MamaChicks @laughingatchaos Now I actually have BFFs. #gtchat

12:43 pm



LesLinks Can you be an Extorvert and and Introvert at same time?? #gtchat

12:43 pm

HoagiesGifted RT Tip 8: Help them overcome fear of making mistakes. "Gifted introvert is a perfectionist squared." -Silverman #gtchat <-- I didn't know!

12:43 pm



DeborahMersino @Susannewith3 - So true. Learn by doing. Talking outloud. #gtchat

12:43 pm



Susannewith3 Tip 9 is good, hard for introverts to interact with nonpeers, they need a feeling of understanding. #gtchat

12:43 pm



ljconrad Q10: Now you tell me ... after ds invited 450 ppl to grad party!!!! #gtchat

12:43 pm



laughingatchaos @chrstinef @MamaChicks I agree! Found a strong tribe online: GT peeps & more and more writers. :) #gtchat

12:43 pm



DeborahMersino Tip 10: Respect their introversion! "Ur introverted children may have a hard time if ur an extravert who doesn't understand them." S #gtchat

12:44 pm



chrstinef @LesLinks in my opinion - you are more one than the other #gtchat

12:44 pm



laughingatchaos @chrstinef @MamaChicks My friends all live in my computer. :) #gtchat

12:44 pm



DeborahMersino @ljconrad - lol... #gtchat

12:44 pm



MamaChicks @ljconrad... :o #gtchat

12:44 pm



giaimojosephine RT @DeborahMersino: Re Tip 9 - Introverts need to connect w/others at their level -especially important. #gtchat

12:44 pm



Susannewith3 @ljconrad has it happened yet? #gtchat

12:44 pm



chrstinef @laughingatchaos my writerly buds sustain me in a way I had given up on finding. And meeting them IRL, made it AMAZING #gtchat

12:44 pm



DeborahMersino I know we focused a bit more on introverts thus far. Perhaps we can have another chat w/tips for extraverts... #gtchat

12:44 pm



laughingatchaos RT @DeborahMersino: Tip 10: Respect their introversion! #gtchat

12:45 pm



MamaChicks @laughingatchaos @chrstinef @MamaChicks glad I'm not the only one. :D #gtchat

12:45 pm



ljconrad @Susannewith3 tomorrow!!!! Wish me luck! :D #gtchat

12:45 pm



chrstinef @laughingatchaos HAHA! Mine too @MamaChicks #gtchat

12:45 pm



giaimojosephine RT @laughingatchaos: RT @DeborahMersino: Tip 10: Dont pressure them to make a lot of friends! - Silverman #gtchat I tell E parents this too!

12:45 pm



laughingatchaos @chrstinef You speak on an emotional level that writing creates. IRL makes it even more personal. :) #gtchat

12:45 pm



DeborahMersino Right now, though, I'd like to hear what YOU think extraverts need. I know we have lots of introverts w/us; let's give it a whirl! #gtchat

12:45 pm



Susannewith3 @ljconrad OOh, I'm have a much smaller birthday party tomorrow. May the force be with you! #gtchat

12:45 pm



GiftedPhoenix #gtchat It's interesting to think about when introverts get lonely - and why...

12:45 pm



tbbrwn @DeborahMersino YEA! I mean yea. Sorry, ints. :) #gtchat

12:45 pm



laughingatchaos @chrstinef Even my IRL friends I see more in my computer! LOL #gtchat

12:46 pm



jofrei @ljconrad @Susannewith3 wow!!! good luck!!! #gtchat

12:46 pm



Susannewith3 RT @tbbrwn: @DeborahMersino YEA! I mean yea. Sorry, ints. :) :D #gtchat

12:46 pm



giaimojosephine RT @LesLinks: Can you be an Extrovert and and Introvert at same time?? #gtchat No, but you can be at the middle of the continuum, "blend"

12:46 pm



tbbrwn @GiftedPhoenix Yes, and when extraverts get lonely, do they crash harder (lower lows) one wonders? #gtchat

12:46 pm



LisaDSB Extravert son needs lots of friends -- doesn't matter who. Introvert is very selective -- must have same interests & abilities. #gtchat

12:46 pm



chrstinef @laughingatchaos Yea, ME TOO!!! #gtchat

12:46 pm



DeborahMersino Extraverts need to talk, find others that they can gab with, feel seen by! #gtchat

12:46 pm



RebeccaJHowe11 #gtchat Joining the discussion late, but pleased to be here. Education Consultant @ NAGC Britain, mum to gifted kids, recent 1st guest blog.

12:46 pm



GiftedPhoenix#gtchat The loneliness of being alone in a crowd, not the loneliness of being alone...
12:46 pm



Susannewith3 @GiftedPhoenix alone doesn't equal lonely. Alone is just by yourself. Lonely is feeling like there's no one that gets you. Sad. :(#gtchat
12:47 pm



ljonrad @GiftedPhoenix Do they? I can't remember ever being lonely & I was an only child. #gtchat
12:47 pm



DeborahMersino Extravert kids often need praise a bit more...need to feel heard/seen too.
12:47 pm #gtchat



laughingatchaos @chrstinef Bwahahahahaha!!!! :) Why go to the neighbor's house when you're both on Facebook? ;) KIDDING! Kinda. ;) #gtchat
12:47 pm



Susannewith3 RT @DeborahMersino: Extraverts need to talk, find others that they can gab with, feel seen by! Why yes, we do. #gtchat
12:47 pm



giamojosephine I often say: Extraverts think that everyone is like them; introverts know it ain't so! It's really true. #gtchat
12:47 pm



GiftedPhoenix @RebeccaJHowe11 Hi Rebecca - welcome! #gtchat
12:47 pm



MamaChicks Extra need to have the space to think out loud without try to fix prob. I tell men esp to ask if prob needs 2b solved or listend to #gtchat
12:47 pm



Susannewith3 Extroverts also need to be careful with choices of companions. #gtchat
12:47 pm



laughingatchaos RT @Susannewith3: alone doesnt equal lonely. Alone is just by yourself. Lonely is feeling like theres no one that gets you.<=Yup. #gtchat
12:47 pm



chrstinef @DeborahMersino youngest (extravert) and I(introvert) have found a way to connect that mts her needs better. It was hard, but needed #gtchat
12:47 pm



ljonrad @RebeccaJHowe11 Welcome! #gtchat
12:47 pm



jofrei RT @GiftedPhoenix: The loneliness of being alone in a crowd, not the loneliness of being alone... Yes very much #gtchat
12:48 pm



LisaDSB Extravert needs an audience for every flippin' thought that ever crosses his mind! AAGH! #gtchat
12:48 pm



LisaDSB Extravert needs an audience for every flippin' thought that ever crosses his mind! AAGH! #gtchat
12:48 pm



LesLinks @giamojosephine @LesLinks hmmm a blend... that is interesting... I think I am a bit of this then.. #gtchat
12:48 pm



LesLinks @giamojosephine @LesLinks hmmm a blend... that is interesting... I think I am a bit of this then.. #gtchat
12:48 pm



DeborahMersino @GiftedPhoenix - Great question...not sure. Silverman does talk about introverts being in a crowd, yet still feeling lonely. #gtchat
12:48 pm



MamaChicks RT @Susannewith3: alone doesnt equal lonely. Alone is just by yourself. Lonely is feeling like theres no one that gets you.<=Yup. #gtchat
12:48 pm



giamojosephine I recently held an MBTI party in my local Mensa chapter, one E near the middle
12:48 pm of the continuum showed up, the rest were all Is. #gtchat



DeborahMersino @chrstinef - mts? #gtchat
12:48 pm



cybraryman1 An introvert mathematician looks at his shoes while talking to you. An extravert
12:48 pm mathematician looks at your shoes. #gtchat



DeborahMersino @LisaDSB - So what my husband would say about me. So sorry!! #gtchat
12:48 pm



giamojosephine And...the one E really did tend to dominate and overwhelm the
12:49 pm conversation...but we reined her in (smile) #gtchat



chrstinef @LisaDSB I'vereally been coaching my kid on filling this need internally as
12:49 pm often as possible. Save the BIG stuff for audience #gtchat



MamaChicks @cybraryman1 ROFL #gtchat
12:49 pm



ljconrad @cybraryman1 haha #gtchat
12:49 pm



tbrwn @DeborahMersino one can often tell while teaching when to bolster Exts...tend
12:49 pm to be easier to read imo (unus. quiet/withdrawn). #gtchat



Susannewith3 most of the extroverted gifted I've found are not middle of the road extroverts,
12:49 pm but rather extreme extroverts. #gtchat



GiftedPhoenix @giamojosephine How did it go! #gtchat
12:49 pm



LisaDSB RT @DeborahMersino: @LisaDSB - So what my husband would say about
12:49 pm me. So sorry!!!/meant to say "no offence" but sent too quickly! #gtchat

HoagiesGifted Introverts in an extrovert's world: How to nurture a (gasp!) quiet, thoughtful
12:49 pm child <http://t.co/JJ6Cvqu> #gtchat



laughingatchaos @cybraryman1 Bwahahaha!!! I laugh bc my dad is a biostatistician. ;) Not
12:50 pm entirely like that. ;) #gtchat



chrstinef @DeborahMersino or rather, meets #gtchat
12:50 pm



RebeccaJHowe11 Extraverts need 2b encouraged to have 'downtime' too - they thrive on
12:50 pm company but it still tires them. #gtchat



DeborahMersino Funny, I'm an extravert, but I HATE talking on the phone...would much rather
12:50 pm communicate digitally/in writing. Wonder why?! #gtchat



DeborahMersino Introverts & Extraverts: They Aren't What You Think <http://bit.ly/jZhi3h> #gtchat
12:50 pm



giamojosephine I'm told that some extraverts believe that intraverts secretly want to be like
12:50 pm them..not! But funny, bcuz Es don't get Is sometimes #gtchat



laughingatchaos RT @DeborahMersino: Introverts & Extraverts: They Arent What You Think
12:51 pm <http://bit.ly/jZhi3h> #gtchat



DeborahMersino @RebeccaJHowe11 - So agree! And glad you're here! #gtchat
12:51 pm



Susannewith3 @DeborahMersino the phone misses the ability to fully express yourself like the computer AND misses the facial comm in person. #gtchat
12:51 pm



chrstinef @DeborahMersino I hate taking via phone too...but its the introvert in me. Too much emo energy through the phone. hard to process #gtchat
12:51 pm



RebeccaJHowe11 @DeborahMersino 'cos you can't see their body language? #gtchat
12:51 pm



DeborahMersino RT @HoagiesGifted Introverts in an extrovert's world: How to nurture a (gasp!) quiet, thoughtful child <http://t.co/JJ6Cvqu> <=TY! #gtchat
12:51 pm



giaimojosephine RT @GiftedPhoenix:#gtchat The loneliness of being alone in a crowd, not the loneliness of being alone.. "Hello darkness, my old friend"
12:51 pm



cybraryman1 @DeborahMersino @Susannewith3 How about skypeing? #gtchat
12:51 pm



tbrwn @DeborahMersino @giftedPhoenix needs to be the right combo of people and energy to get something from the crowd... #gtchat
12:51 pm



MamaChicks @DeborahMersino Me too! I think it's a visual vs. auditory thing. my eyes send better info than ears to brain. #gtchat
12:51 pm



ljconrad @DeborahMersino Unbelievable! Me, too! I have a real problem with phones.
12:51 pm #gtchat



GiftedPhoenix #gtchat It's quite good fun imagining an 'introverted world' . What would have to change?
12:51 pm



giaimojosephine RT @DeborahMersino: Extravert kids often need praise a bit more...need to feel heard/seen too. #gtchat ..but is need to be visible too...
12:52 pm



DeborahMersino I wonder if being extraverted adds to the feelings of "Too-Muchness"? Anyone else? #gtchat
12:52 pm



chrstinef @cybraryman1 @DeborahMersino @Susannewith3 LOVE skype! for so many reasons #gtchat
12:52 pm



ljconrad @chrstinef I thought it was just me! :D feeling some real karma here! #gtchat
12:52 pm



boundstaffpress RT @cybraryman1: An introvert mathematician looks at his shoes while talking to you. An extravert mathematician looks at your shoes. #gtchat
12:52 pm



DeborahMersino @cybraryman1 - I would have to actually get out of my work out clothes...lol...
12:52 pm #gtchat



chrstinef Okay - my pages for today = 0. I better get going. #gtchat
12:53 pm



Susannewith3 @cybraryman1 I keep meaning to try skype #gtchat
12:53 pm



chrstinef @ljconrad Mwah! #gtchat
12:53 pm



laughingatchaos @DeborahMersino @cybraryman1 Workout clothes? I'm still in pajamas. LOL
12:53 pm Hey, it's summer! ;) #gtchat



cybraryman1 Bring your introvert/extravert self to #sschat Mon I co-moderate w
12:53 pm @Becky_Ellis_ How to integrate other subj areas into lessons? #gtchat



LisaDSB Need to lrn to find a way to not shut extravert son down when he needs to talk
12:53 pm (he's doing it right now, actually).Balance is good! #gtchat



MamaChicks @chrstinef Bye!! Good luck! #gtchat
12:53 pm



DeborahMersino We've got about 7 minutes left. What are your takeaways? Thoughts? Will you
12:53 pm view your partner, friends, kids, students diffrtly? #gtchat



MamaChicks @laughingatchaos @DeborahMersino @cybraryman1 Me too in my PJs
12:53 pm #gtchat



ljconrad @chrstinef 7 more minutes! C'mon! #gtchat
12:53 pm



GiftedPhoenix #gtchat Apropos looking at the shoes, wouldn't it be great not to have to make
12:54 pm regular eye contact in every job interview?



DeborahMersino @chrstinef - Good luck. And know that your presence on this chat is SO
12:54 pm appreciated! #gtchat



chrstinef @MamaChicks thanks! I'll need it...VERY distracted lately! #gtchat
12:54 pm

HoagiesGifted @DeborahMersino phone has no record that I can refer back to - e-mail /
12:54 pm electronic does! Short term mem not so great :-/ #gtchat



DeborahMersino Also, if you have any other tips, feel free to share! #gtchat
12:54 pm



MamaChicks @GiftedPhoenix : need to think what an introverted world would look like.
12:54 pm Interesting concept. #gtchat



chrstinef @ljconrad wow...what a temptress! By the time I answer the @'s 7 minutes will
12:54 pm pass :D #gtchat



DeborahMersino @HoagiesGifted - yes! #gtchat
12:55 pm



chrstinef @DeborahMersino oh hun, YOU are so apprciated!!! #gtchat
12:55 pm



tbbrwn @DeborahMersino takeaway: Will try to listen. Will try to listen. Will try to listen.
12:55 pm Shut up-n- listen, toby!! #gtchat



gaimojosephine RT @GiftedPhoenix: @gaimojosephine How did it go! #gtchat It was fun, even
12:55 pm though no Ps showed, and we're planning an Enneagram party next



ljconrad @chrstinef We are worth every minute of it! #gtchat
12:55 pm



DeborahMersino @tbbrwn - Me too! Listen, listen, listen...honor their need for space/time/
12:55 pm privacy. #gtchat



giamojosephine RT @DeborahMersino: Funny, I would much rather communicate digitally/in writing. Wonder why?! #gtchat You may be visual rather than auditory?

12:56 pm



MamaChicks Takeaway: my family are not a bunch of freaks. Just introverts. ROFL #gtchat

12:56 pm



chrstinef @ljconrad well, this is most definitely TRUE! #gtchat

12:56 pm



LisaDSB Need to make sure extravert son gets lots of social opportunities; I don't need them as much, nor does other son. #gtchat

12:56 pm

HoagiesGifted Synthesis of Research on Psychological Types of Gifted Adolescents #gtchat

12:56 pm <http://t.co/8TU0wSr>



DeborahMersino @giamojosephine - Wow! I never thought about that. I am visual-spatial!!

12:56 pm That's wild. Thank goodness for voice mail! #gtchat



GiftedPhoenix #gtchat @giamojosephine I often wonder what would happen if I was in a

12:57 pm room full of other INTJs. Would we just stand there in silence?



DeborahMersino Introverts & Extraverts Require Different Learning Environments <http://bit.ly/jm1hgk>

12:57 pm #gtchat



ljconrad @chrstinef See, we love you! We don't want you to go! Love intelligent

12:57 pm conversation. #gtchat



LisaDSB @GiftedPhoenix Maybe you could all text each other. #gtchat

12:57 pm



laughingatchaos RT @DeborahMersino: Introverts & Extraverts Require Different Learning

12:57 pm Environments <http://bit.ly/jm1hgk> #gtchat



jofrei RT @cybraryman1: An int mathematician looks at his shoes while talking An ext math looks at your shoes I look at DeBono's shoes #gtchat



DeborahMersino @GiftedPhoenix - I'm an ENTJ...don't know many others...at least we've got 3

12:57 pm in common! #gtchat



tbbrown @DeborahMersino Thx for the Schmeck & lockhart article...that will be helpful!

12:58 pm #gtchat



Susannewith3 and testing environments. :P found that out earlier this year #gtchat

12:58 pm



ljconrad @LisaDSB Now that's quite a visual image you've created! #gtchat

12:58 pm



DeborahMersino Introverts & Extraverts: Can't We Just Get Along? <http://bit.ly/mJrk2v> #gtchat

12:58 pm



GiftedPhoenix #gtchat @jofrei speaking as a creative type, I tend to look at a pair of imaginary

12:58 pm shoes!

HoagiesGifted Caring for your Introvert: The habits and needs of a little-understood group

12:58 pm #gtchat <http://t.co/DCuUyA4>



laughingatchaos RT @DeborahMersino: Introverts & Extraverts: Can't We Just Get Along?

12:59 pm <http://bit.ly/mJrk2v> #gtchat



DeborahMersino @tbbrwn - Just scanned it, but it looked interesting to me! #gtchat
12:59 pm



cybraryman1 @DeborahMersino Great chat as usual. My Denver page: <http://tinyurl.com/3hs5fn3> #gtchat
12:59 pm



MamaChicks RT @LisaDSB: @GiftedPhoenix Maybe you could all text each other. I have friends who text me from the same room. LOL #gtchat
12:59 pm



laughinggatchaos RT @HoagiesGifted: Caring for your Introvert: The habits and needs of a little-understood group #gtchat <http://t.co/DCuUyA4> #gtchat
12:59 pm



chrstinef @ljconrad Thus the reason I am relaunching the blog, etc... I miss the convos! #gtchat
12:59 pm



giaimojosephine In an introverted world, instead of Superbowl stadiums/Sundays there were bookstore stadiums and Superbookstore Sunday. #gtchat
12:59 pm



LisaDSB Should run...extravert has begun pacing near me now until I can give him some attention. #gtchat
12:59 pm



Susannewith3 @MamaChicks my niece texts from the same room. lol too funny. #gtchat
12:59 pm



GiftedPhoenix @DeborahMersino #gtchat That's interesting - I never (knowingly) encountered an ENTJ before!
12:59 pm



ljconrad @chrstinef Excellent! #gtchat
12:59 pm



DeborahMersino We did it! Thank you all. What a fabulous group of Introverts and Extraverts. Feel so privileged to be in your company!! #gtchat
1:00 pm



laughinggatchaos @chrstinef I'll help! I'm pre-blog revamp myself. :) #gtchat
1:00 pm



ljconrad RT @DeborahMersino: Introverts & Extraverts: Cant We Just Get Along? <http://bit.ly/mJrk2v> #gtchat
1:00 pm



DeborahMersino @GiftedPhoenix I feel like an anomaly! #gtchat
1:00 pm



MamaChicks Used to have the "Introvert Table" during req staff lunches at work. All the other tables would be raucous, ours single-subject #gtchat
1:00 pm



AspieTribe RT @HoagiesGifted Tip 5: even MORE important for introverted slightly Aspie gifted kids!! #gtchat <http://tiny.cc/a-t>
1:00 pm



AspieTribe RT @GiftedPhoenix RT @HoagiesGifted: Tip 5: even MORE important for introverted slightly Aspie gifted kids!! #gtchat <http://tiny.cc/a-t>
1:00 pm



AspieTribe RT @jofrei RT @HoagiesGifted: Tip 5: even MORE important for introverted slightly Aspie gifted kids!! Yes! #gtchat <http://tiny.cc/a-t>
1:00 pm



GiftedPhoenix @MamaChicks #gtchat I'm all fingers and thumbs without a full-sized keyboard!
1:00 pm



LisaDSB Thanks, Deborah! Your extraversion has brought this great group together. Cheers! #gtchat
1:00 pm



DazzlId Here in @ScienceGallery enjoying tapas night with @FrazzId! Hi to all #gtchat
1:01 pm friends!



Susannewith3 @giaimojosephine Superbowl is awesome. My blog post today has a pic of my
1:01 pm snackadium that I made for it. Best snack thing EVER #gtchat



DeborahMersino Thank you all for being here! Hope to see lots of you at the 7pm/EDT chat on
1:01 pm Organization! #gtchat



jofrei @DeborahMersino Thank you and everyone! #gtchat
1:01 pm



laughingatchaos @MamaChicks When I taught I ate alone. Job hazard of band directors, but I
1:01 pm was content. LOL #gtchat



laughingatchaos RT @DeborahMersino: Thank you all for being here! Hope to see lots of you at
1:01 pm the 7pm/EDT chat on Organization! #gtchat



MamaChicks @DeborahMersino Thank YOU! #gtchat
1:01 pm



DeborahMersino @LisaDSB - Awww...Thanks Lisa! Feels good to be loved... #gtchat
1:01 pm



LisaDSB RT @DeborahMersino: Thank you all for being here! Hope to see lots of you at
1:02 pm the 7pm/EDT chat on Organization! #gtchat



giaimojosephine RT @GiftedPhoenix: #gtchat if I was in a room full of other INTJs. Would we
1:02 pm just stand there in silence? Nope, most partiers were INTJs.



GiftedPhoenix #gtchat Thanks for a very enjoyable hour - now off to ask 'how their day has
1:02 pm been'!



DeborahMersino @DazzlId @FrazzId - We have missed you both!!! Enjoy! #gtchat
1:02 pm



laughingatchaos @DeborahMersino Heh. Topic of organization.<cracking knuckles>THIS I
1:02 pm know. :) LOL Oh, org. scattered kids? Don't know a thing. LOL #gtchat



ljconrad @DeborahMersino Thanks and good luck with your PM meeting! ;) #gtchat
1:02 pm



laughingatchaos Ok, back this evening. Maybe I'll twitter lurk today. After a shower. ;) #gtchat
1:02 pm

HoagiesGifted Thanks @DeborahMersino #gtchat
1:03 pm



DeborahMersino Off to the Gifted Development Center in Denver for a post-test consult about
1:03 pm dd09. Catch you on the flip side! #gtchat



web20education RT @cybraryman1: Bring your introvert/extravert self to #sschat Mon I co-
1:03 pm moderate w @Becky_Ellis_ How to integrate other subj areas into lessons?
#gtchat



DeborahMersino @ljconrad - Appreciate that! Looking forward to it now. :) #gtchat
1:03 pm

HoagiesGifted @laughingatchaos I know DIS, not Organization <wry grin> #gtchat
1:03 pm



GiftedPhoenix @DeborahMersino #gtchat but you're a SPECIAL anomaly! We wouldn't have
1:03 pm you any other way!

HoagiesGifted @DeborahMersino bring a tape recorder!! I didn't, still regret it 11 years later!
1:05 pm #gtchat