



#gtchat April 29, 2011 Noon



Lisa_Rivero My tweets 4 next hour will be devoted to #gtchat. Pardon heavy stream; feel free 2 unfollow/
11:58 am join #gtchat



DeborahMersino Welcome to #gtchat! Guest Expert @lisa_rivero is with us today. We'll be discussing #Gifted
12:00 pm Teens. Join us now! #gtchat



DeborahMersino Please take a moment to introduce yourselves, your role (parent, educator, advocate,
12:00 pm counselor) & share where you reside. TY! #gtchat



jofrei Hi Jo Freitag from Gifted Resources in Melbourne Australia at 2.00am Saturday No teens in
12:01 pm our household at the moment #gtchat



Lisa_Rivero @DeborahMersino Hello! I'm so glad to be here. Lisa Rivero from Milwaukee, WI, parent of a
12:01 pm 19 yo and SENG board member #gtchat



DeborahMersino I'm Deborah Mersino, moderator of #gtchat, wife/mom to two elem girls, consultant to GT
12:01 pm communities. Living in sunny Colorado! #gtchat

cybraryman1 Greetings from Alabama! Raising teens is like nailing jello to a tree! This Twitterbrarian is
12:01 pm ready for round 2 #gtchat



DeborahMersino I love that @jofrei wakes up at 2 a.m. in Australia to be a part of #gtchat {Round of applause!}
12:01 pm #gtchat



Lisa_Rivero @cybraryman1 lol Love the jello image #gtchat
12:02 pm



Lisa_Rivero @DeborahMersino @jofrei Yay!! #gtchat
12:02 pm

flocabulary @lisa_rivero Hello #gtchat ! We're looking forward to talking with and learning from all of you
12:02 pm today!



DrGaryBrannigan Child Psychologist from way upstate New York interested in maximizing children's potential
12:02 pm #gtchat



DeborahMersino @flocabulary Glad you're with us! #gtchat
12:03 pm



jofrei @DeborahMersino @jofrei Thank you gtchat is the highlight of my week! #gtchat
12:03 pm



DeborahMersino Welcome Milwaukee, New York and Alabama! #gtchat
12:03 pm



__Quest Hi - Petra here from Ireland. Parent of GT teen, school trustee. #gtchat
12:03 pm



DeborahMersino Guest Expert @lisa_rivero has written two powerful books on gifted teens. I'll put up links now
12:03 pm for later viewing! #gtchat

cybraryman1 Dealing with a gifted teenager means losing every argument! (from my wife) #gtchat
12:04 pm



DeborahMersino A Parent's Guide to Gifted Teens: Living w/ Intense & Creative Adolescents by @lisa_rivero
12:04 pm <http://bit.ly/jjVtbZ> #gtchat #gifted



__Quest RT @cybraryman1: Dealing with a gifted teenager means losing every argument! (from my
12:04 pm wife) << lol #gtchat



jofrei RT @cybraryman1: Dealing with a gifted teenager means losing every argument! (from my
12:04 pm wife) - I second that! #gtchat



DeborahMersino The Smart Teen's Guide to Living with Intensity: How to Get More Our of Life and Learning by
12:05 pm @lisa_rivero <http://bit.ly/ID0vp6> #gtchat



jofrei RT @DeborahMersino: A Parents Guide to Gifted Teens: Living w/ Intense & Creative
12:05 pm Adolescents by @lisa_rivero <http://bit.ly/jjVtbZ> #gtchat



DeborahMersino Welcome Ireland! #gtchat
12:05 pm



Lisa_Rivero @DeborahMersino Thanks very much for the links, Deborah. There are excerpts on the GPP
12:05 pm site. #gtchat



tbrwn Hi-Toby in Oklahoma here. Grad student + adjunct prof + tech staff + pre-finals week =
12:06 pm pooped! BUT happy to be here! #gtchat



DeborahMersino I chose Lisa to be our Guest Expert today b/c I think she has such a good grasp of the "whole"
12:06 pm child/teen. Socio-emotional wisdom! #gtchat



teachingwthsoul RT @Mbarek: Top Twitter Hashtags for #Teachers Â <http://bit.ly/fGNmng>
12:06 pm #musechatÂ #pgceÂ #gtchatÂ #esiÂ #BullyingÂ #cpchatÂ #ntchatÂ #spedchatÂ #homeschool



DeborahMersino @tbrwn Welcoem Oklahoma! Glad you're here! #gtchat
12:06 pm

cybraryman1 Intense is not strong enough! #gtchat
12:06 pm



DeborahMersino I'll start us off by asking Lisa a few questions...then I'll open it up to you all. Sound good?
12:07 pm #gtchat



DeborahMersino @lisa_rivero - What inspired you to write these books? #gtchat
12:07 pm



Lisa_Rivero @DeborahMersino Sounds good! #gtchat
12:07 pm



Lisa_Rivero We had just come to the end of our son's hs years, and I saw a gap in gt lit about gt teens,
12:08 pm especially social-emotional needs #gtchat



kim_mcneill @DeborahMersino Parent-DD12 who chooses her own values, has strong imagination, loves
12:08 pm fantasy adventure, & writes like a HS student #gtchat



DeborahMersino I found them extremely beneficial (even though I have tweens). Highly recommend these
12:08 pm books to parents & educators alike. #gtchat



Lisa_Rivero So much that is written about/for smart teens is about college admissions and SAT scores.
12:09 pm #gtchat



DeborahMersino @lisa_rivero - I like that you have separate books for the teen - and the parent/educator. Both speak to social-emotional issues! #gtchat



DeborahMersino @lisa_rivero - What's a common challenge parents face with gifted teens? #gtchat
12:09 pm



DeborahMersino RT @Lisa_Rivero: So much that is written about/for smart teens is about college admissions and SAT scores. <=so true!! #gtchat



Lisa_Rivero The book for teens was supposed to be a 30-page booklet, but I wrote it first, and it grew into something else. :) #gtchat
12:10 pm



giamojosephine Just joining, Josephine Giaimo, Provider of Gifted Advocacy, Coaching, and Instruction, in central NJ #gtchat
12:10 pm



DeborahMersino @kim_mconeill Glad you're with us! I posted links to both of the books earlier. #gtchat
12:10 pm

cybraryman1 Survival! #gtchat
12:10 pm



Lisa_Rivero @DeborahMersino A couple of challenges come to mind: 1. knowing what to expect (the "but you're so smart" conundrum), and... #gtchat
12:10 pm



Lisa_Rivero ...2. the aynchrony of sometimes adult reasoning combined with teen hormones and age-based experience #gtchat
12:10 pm



DeborahMersino @giamojosephine Welcome New Jersey! Happy you're with us. I'm asking a few questions to @lisa_rivero - then I'll open it up. #gtchat
12:11 pm



DeborahMersino @lisa_rivero - Can you tell us about the "but you're so smart" conundrum? #gtchat
12:11 pm



DeborahMersino RT @cybraryman1: Survival! <=love this...albeit you're scaring me a bit. :) #gtchat
12:12 pm



Lisa_Rivero @DeborahMersino "But you're so smart, why can't you get better grades?" or "But you're so smart, you should go the Ivy League"... #gtchat
12:13 pm



DeborahMersino Q1: Participants: What are some of the challenges you're facing with your teen (or tween)? #gtchat
12:13 pm



DeborahMersino Grades and Ivy League - yep...makes sense. Expectations - whose are they any way? Societies? Parents? Kids? #gtchat
12:14 pm



Lisa_Rivero There is so much going on with teens. Sometimes the gifted are the ones who don't care about grades. That's not necessarily bad. :) #gtchat
12:14 pm

cybraryman1 Our son & daughter have diff personalities. Both now in 30's & still a challenge! #gtchat
12:14 pm



DeborahMersino @lisa_rivero - If you could give parents of #gifted teens one piece of advice, what would it be? #gtchat
12:14 pm



Lisa_Rivero I think they come from everywhere and the teens themselves have internalized them. #gtchat
12:15 pm



DeborahMersino @Lisa_Rivero - When the gifted don't care about grades, how can a parent instill some importance w/o going "overboard"? #gtchat
12:15 pm



Lisa_Rivero @DeborahMersino There is far more time for things to work out and more options than we realize... #gtchat
12:15 pm



Lisa_Rivero There is no one-size-fits-all education. Be creative in figuring out what your teen needs... and.... #gtchat
12:16 pm



mareserinitatis #gtchat - Jumping in late! Hi everyone!
12:16 pm



DeborahMersino RT @Lisa_Rivero: @DeborahMersino There is far more time for things to work out and more options than we realize... <=agree! #gtchat
12:16 pm



DrGaryBrannigan RT @Lisa_Rivero: @DeborahMersino There is far more time for things to work out and more options than we realize... #gtchat
12:16 pm



__Quest Challenge here is that mismatch w/ Ed system & w/ peers leading to withdrawal to virtual reality incl virtual friends... #gtchat
12:16 pm



DrGaryBrannigan RT @Lisa_Rivero: There is no one-size-fits-all education. Be creative in figuring out what your teen needs... and.... #gtchat
12:16 pm



Lisa_Rivero It might not be the Ivy League or college "on time" or anything that you might be expecting.
12:16 pm #gtchat



DeborahMersino @mareserinitatis Welcome! I'm just about to open it up to questions for our Guest Expert @lisa_rivero. Books links posted earlier. #gtchat
12:16 pm



gjaimojosephine RT @lisa_rivero: There is no one-size-fits-all education. <== {LIKE THIS!} Be creative in figuring out what your teen needs... and.. #gtchat
12:16 pm



jofrei RT @Lisa_Rivero: There is no one-size-fits-all education. Be creative in figuring out what your teen needs #gtchat
12:17 pm



DeborahMersino RT @__Quest: Challenge here is that mismatch w/ Ed system & w/ peers leading to withdrawal to virtual reality incl virtual friends. #gtchat
12:17 pm



__Quest Feel ds missing out on teen experience as a result tho there is social interaction it is almost entirely online... #gtchat
12:17 pm



Lisa_Rivero @DeborahMersino In terms of grades, if the teens themselves see the connection between what they want to be/do and hs grades... #gtchat
12:17 pm



DeborahMersino RT @Lisa_Rivero: It might not be the Ivy League or college "on time" or anything that you might be expecting. <=Hear, hear! #gtchat
12:17 pm



Begabungs #gtchat Greeting from Germany! Sorry I just came home after 10 consultings :-)
12:17 pm



Lisa_Rivero ... that helps. Encourage them to research what is needed for different careers. #gtchat
12:17 pm

flocabulary @lisa_rivero We believe that creative opportunities in education inspire all teens #gtchat
12:17 pm



DrGaryBrannigan People mature at different times in different ways. #gtchat
12:18 pm



DeborahMersino @Lisa_Rivero Makes sense to draw connections to passion areas...excellent. #gtchat
12:18 pm

cybraryman1 When they get older buy off their spouses to hang in there with your child. Our SIL is great and DIL is very patient #gtchat
12:18 pm



__Quest RT @Lisa_Rivero: ... that helps. Encourage them to research what is needed for different careers. #gtchat
12:18 pm



Lisa_Rivero @__Quest I think a lot of gt teens feel they miss out on teen socializing. #gtchat
12:18 pm

flocabulary @deborahmersino: RT @Lisa_Rivero Makes sense to draw connections to passion areas...excellent. #gtchat
12:18 pm



DeborahMersino @lisa_rivero - Can you speak to _Quest 's posts regarding mismatch w/education system & peer comm. being only online? #gtchat
12:18 pm



Lisa_Rivero @DrGaryBrannigan Yes! I have done a lot of growing up in my 40s. ;) #gtchat
12:19 pm



DeborahMersino @cybraryman1 :-) #gtchat
12:19 pm



DrGaryBrannigan RT @DeborahMersino: @Lisa_Rivero Makes sense to draw connections to passion areas...excellent. #gtchat
12:19 pm



DeborahMersino RT @Lisa_Rivero: @DrGaryBrannigan Yes! I have done a lot of growing up in my 40s. ;) 12:19 pm <=hopefully I am too! Lots of counseling! #gtchat



__Quest RT @Lisa_Rivero: @__Quest I think a lot of gt teens feel they miss out on teen socializing< 12:19 pm prob is ds feels virtual world is enough #gtchat



pschooltoolbox Kids often do want to meet parents expectations or fear "letting them down." Competitive grade anxiety is tough...#fearoffailure #gtchat
12:20 pm



DrGaryBrannigan I like to see teens with passion! Too often, they seem to lack focus. #gtchat
12:20 pm



DeborahMersino _Quest - You bring up interesting point about teens & virtual social world. It's going to get more prevalent/how can parents handle? #gtchat
12:20 pm



__Quest Not particularly interested in grades though focused on career in gaming industry. #gtchat
12:21 pm



Lisa_Rivero @pschooltoolbox The competition is hard for parents, too. #gtchat
12:21 pm



DeborahMersino @pschooltoolbox So true about "parents expectations"...felt it myself. Needed to internalize/ make it my expectations 4 my dreams. #gtchat
12:21 pm



asynschlrnsfnd RT @DeborahMersino: A Parent's Guide to Gifted Teens: Living w/ Intense & Creative Adolescents by @lisa_rivero <http://bit.ly/jjVtbZ> #gtchat
12:22 pm



DeborahMersino Q2: How many of you question your own parenting (currently or in the past) relative to grades, social interactions, etc.? #gtchat
12:22 pm



Lisa_Rivero @DeborahMersino virtual communication is certainly here to stay. It can be positive for many teens, but it's a new area for all #gtchat
12:22 pm

-  **asynschlrsvnd** Joining late from California! #gtchat
12:22 pm
-  **mskalyn** @DeborahMersino A2: I have #gtchat
12:23 pm
- fpalaughton** RT @Mbarek: Top Twitter Hashtags for #Teachers <http://bit.ly/fGNmnG>
12:23 pm #musechat #pgce #gtchat #esi #Bullying #cpchat #ntchat #spedchat #homeschool
-  **DeborahMersino** @lisa_rivero Re grades, how can parents learn to "let go" (particularly those who were high-achievers/had different gifted profile)? #gtchat
12:23 pm
-  **asynschlrsvnd** Re: Q1, many parents of very asynchronous #gifted kids see teen-like behaviors much earlier.
12:23 pm #gtchat
-  **Lisa_Rivero** We homeschooled our son from 3rd gr through hs, and I second-guessed myself all the time...
12:23 pm We had to do our best and trust #gtchat
-  **jofrei** Q2 Yes all the time I wondered what I could/should be doing re parenting! #gtchat
12:23 pm
- cybraryman1** Q2 questioning led my wife to second career as parent facilitator #gtchat
12:24 pm
-  **DeborahMersino** @Begabung Welcome Germany! Glad you're here! #gtchat
12:24 pm
-  **DeborahMersino** Q2: Know I do - regularly. #gtchat
12:24 pm
- flocabulary** @Lisa_Rivero We saw this interesting infographic on teens, social media and edu yesterday:
12:25 pm <http://ow.ly/4JQwn> #gtchat
-  **coachaddamy** #gtchat Joining late on an overcast seattle morning in the 40s. Warmer in the glow of the computer & good conversation.
12:25 pm
-  **Lisa_Rivero** @asynschlrsvnd re: Q1 a good resource on asynchrony of gifted adolescents:
12:25 pm http://www.stephanietolan.com/hg_adolescent.htm #gtchat
-  **DeborahMersino** @lisa_rivero - Was it "intense" raising your own ds? Can you share a bit? #gtchat
12:25 pm
-  **kim_mcneill** @DeborahMersino Just learned colleges look grades 1st for admissions. Instead of fighting DD, trying to afford a better school fit #gtchat
12:25 pm
-  **DeborahMersino** @coachaddamy Nice to see you! We're asking questions about #gifted teens to our Guest Expert @lisa_rivero. #gtchat
12:26 pm
-  **geraldaungst** @DeborahMersino @Lisa_Rivero Are there boundaries to which passion areas a school can/should facilitate? #gtchat
12:26 pm
-  **Lisa_Rivero** @flocabulary Thank you! I'll bookmark that to look at more closely. Looks interesting! #gtchat
12:26 pm
-  **asynschlrsvnd** Thanks - useful! RT @Lisa_Rivero: @asynschlrsvnd re: Q1 a good resource on asynchrony of gifted adolescents: <http://bit.ly/iHiYt> #gtchat
12:26 pm
-  **mskalyn** @DeborahMersino A1: how do you let go if you have similar high-achieving traits as your children? #gtchat
12:26 pm



jofrei RT @Lisa_Rivero: re: Q1 a good resource on asynchrony of gifted adolescents:
12:26 pm http://www.stephanietolan.com/hg_adolescent.htm #gtchat



__Quest Q2 re parenting - wonder if I made too many allowances & didn't expect more - maybe partly responsible for underachievement #gtchat
12:26 pm



Lisa_Rivero @DeborahMersino Yes, our son was intense and the experience was intense. :) One on one conversation a lot of the time... #gtchat
12:26 pm



DeborahMersino @geraldaungst I think it depends on the school/what funding/time/resources they have available. Mindset of what "matters" plays in 2 #gtchat
12:27 pm



Lisa_Rivero But I think it helped the he understood giftedness and, especially, intensities early on. He knew he was different, but he knew why #gtchat
12:27 pm



kim_mconeill @DrGaryBrannigan too many interests, maybe? Personally, It's hard to pick 1 thing when so many things are fascinating #gtchat
12:27 pm



DeborahMersino @__Quest Regarding underachievement, I think you are so not alone in that reverberating feeling/questioning! #gtchat
12:27 pm



DrGaryBrannigan @mskalyn Have to remember that our children live with us , not for us! #gtchat
12:28 pm



DeborahMersino @kim_mconeill @DrGaryBrannigan Multipotentiality is a gift/burden. Helps to talk about it frankly. #gtchat
12:28 pm



Lisa_Rivero @kim_mconeill @DrGaryBrannigan That's a good point. For curious gifted teens, there is sooo much to be interested in these days. #gtchat
12:28 pm



mareserinitatis Grades are a tough issue in our family. Husband and I were high achievers...have a hard time understanding son's lack of interest. #gtchat
12:28 pm



__Quest @Lisa_Rivero Am strongly considering home sch ds14 from Sept - main worry is not to become further housebound! #gtchat
12:28 pm



DeborahMersino RT @Lisa_Rivero: helped that he understood giftedness &, especially, intensities early on. He knew he was different, but he knew why #gtchat
12:28 pm



Lisa_Rivero @__Quest re: underachievement There is also the possibility of late blooming, something the Eides talk about so well #gtchat
12:29 pm



DeborahMersino RT @mskalyn: @DeborahMersino A1: how do you let go if you have similar high-achieving traits as your children? #gtchat
12:29 pm



Lisa_Rivero @mareserinitatis As hard as it is, I've found there is no way to make a teen truly care about grades if he/she doesn't #gtchat
12:29 pm



gjaimojosephine RT @mskalyn: A1: how do you let go if you have similar high-achieving traits as your children? #gtchat read "Your Competent Child" J. Juul
12:29 pm



DeborahMersino @mskalyn Remembering the undo pressure I felt helps. Pushed me over the edge. Want more balance 4 my dds. Breathing helps. :-) #gtchat
12:30 pm



Lisa_Rivero @DeborahMersino @mskalyn I think that laid-back teens (in terms of grades) are a wonderful education for high-achieving parents... #gtchat
12:30 pm

cybraryman1 The most important thing for a parent is to accept your child for who they are not who you want them to be. #gtchat
12:30 pm

-  **asynschlrfsnd** Any recommended link? RT [@Lisa_Rivero](#): There is also the possibility of late blooming, 12:30 pm something the Eides talk about so well #gtchat
-  **DeborahMersino** [@mskalyn](#) Also think we're living in a different world. Landscape of jobs/career trajectories 12:30 pm vastly different. Helps to remember #gtchat
-  **mark_busch** Truth. RT [@cybraryman1](#): The most important thing for a parent is to accept your child for 12:30 pm who they are not who you want them to be. #gtchat
-  **DeborahMersino** [@Lisa_Rivero](#) [@DeborahMersino](#) [@mskalyn](#) Good reminder. Not always easy, but a healthy 12:31 pm reminder. #gtchat
-  **Lisa_Rivero** [@giaimojosephine](#) [@mskalyn](#) It helps to read stories of others who achieved in non-traditional 12:31 pm ways #gtchat
-  **jofrei** RT [@cybraryman1](#): The most important thing for a parent is to accept your child for who they 12:31 pm are not who you want them to be. So true #gtchat
-  **kim_mcneill** [@Lisa_Rivero](#) Is there much research on gifted? Find it ironic that CT has gov agency for gt, 12:31 pm but our mid school has no programs #gtchat
-  **DeborahMersino** RT [@Lisa_Rivero](#) [@mareserinitatis](#) As hard as it is, Ive found there is no way to make a teen 12:31 pm truly care about grades if he/she doesnt #gtchat
-  **asynschlrfsnd** Undue, undo: I like your version better! ;-) RT [@DeborahMersino](#): Remembering the undo 12:31 pm pressure I felt helps #gtchat
-  **Lisa_Rivero** TIP: A heavy AP schedule works for some gifted teens, but not for all. For some, it's too much 12:31 pm busy work. #gtchat
- Amethyst89** RT [@cybraryman1](#): The most important thing for a parent is to accept your child for who they 12:31 pm are not who you want them to be. #gtchat
-  **__Quest** Prof. Franz Moînks at CTYI conf in 2010 advised using strengths of gt teens to build on 12:31 pm weaknesses ... #gtchat
-  **DeborahMersino** [@lisa_rivero](#) - Can you speak to why it's important for gifted teens to learn about their 12:32 pm intensity/overexcitabilities? #gtchat
-  **Lisa_Rivero** [@kim_mcneill](#) There is quite a bit of research, but not everyone is aware of it. #gtchat 12:32 pm
-  **DeborahMersino** RT [@Lisa_Rivero](#): TIP: A heavy AP schedule works for some gifted teens, but not for all. For 12:32 pm some, its too much busy work.<=YES #gtchat
-  **asynschlrfsnd** RT [@cybraryman1](#): The most important thing for a parent is to accept your child for who they 12:32 pm are not who you want them to be. #gtchat #fb
-  **__Quest** ... he gave example of a teen who spent all time online - advised against banning pc, instead 12:32 pm encouraged him to give lessons to kids #gtchat
-  **Lisa_Rivero** [@DeborahMersino](#) When teens know that their OEs and intensities are normal for who they 12:33 pm are... #gtchat
-  **DeborahMersino** [@kim_mcneill](#) [@Lisa_Rivero](#) Lots of research. Ironically middle schools in US often "do away" 12:33 pm w/gifted program (at crucial time)! #sad #gtchat
-  **kim_mcneill** [@DeborahMersino](#) I took my DD to an actual academic social worker abt grades-he is usually 12:33 pm used to check suspected learning dis. #gtchat



__Quest RT @Lisa_Rivero: @giaimojosephine @mskalyn It helps to read stories of others who achieved in non-traditional ways #gtchat
12:33 pm



DrGaryBrannigan @Lisa_Rivero Also helps teens see that failure is often part of the learning process. #gtchat
12:33 pm



mareserinitatis @lisa_rivero So true! :-) Am trying to focus on helping him get involved in activities he's interested in... #gtchat
12:33 pm



Lisa_Rivero they can begin to understand others better, as well as themselves. Not everyone is intellectually intense, for example. #gtchat
12:33 pm



mskalyn @lisa_rivero that is definitely an understatement! #gtchat
12:33 pm



ericcholis RT @mark_busch: Truth. RT @cybraryman1: The most important thing for a parent is to accept your child for who they are not who you want them to be. #gtchat
12:33 pm



DeborahMersino @__Quest @Lisa_Rivero @giaimojosephine @mskalyn So agree regarding non-traditional success. Bios/films = excellent! #gtchat
12:34 pm



giaimojosephine RT @__Quest: RT @Lisa_Rivero: It helps to read stories of others who achieved in non-traditional ways <==LIKE THIS! #gtchat
12:34 pm



Lisa_Rivero @DrGaryBrannigan Yes! Intellectually risk-taking is so important. Carol Dweck's work is marvelous for this. #gtchat
12:34 pm



pschooltoolbox @DeborahMersino exactly! #gtchat
12:34 pm



Lisa_Rivero From Felice Kaufman: "[G]ifted students need to experience many facets of themselves, not just their academic abilities." #gtchat
12:34 pm



kim_mcneill @DeborahMersino That's what the social worker said--she's a square peg and traditional school is a round hole & we need to accept it.#gtchat
12:34 pm



mskalyn @DeborahMersino that is true... but sometimes my teen can be apathetic to her grades #gtchat
12:34 pm



DeborahMersino @lisa_rivero - So true. I learned so much from the book re the five OEs (overexcitabilities) & how they impact teens differently. #gtchat
12:34 pm



DrGaryBrannigan @kim_mcneill Gifted children can also have reading and other learning problems --good to check #gtchat
12:35 pm



coachaddamy RT @lisa_rivero: From F Kaufman: "Gifted students need to experience many facets of themselves, not just their academic abilities." #gtchat
12:35 pm



asynschlrshnd RT @Lisa_Rivero: TIP: A heavy AP schedule works for some #gifted teens, but not for all. For some, it's too much busy work. #gtchat
12:35 pm



Lisa_Rivero There is no typical gifted teen. Some mature physically early, others late. They are all intense, though... #gtchat
12:35 pm



DeborahMersino @kim_mcneill Where do you live? #gtchat
12:35 pm



__Quest RT @Lisa_Rivero:Felice Kaufman: "[G]ifted students need to experience many facets of themselves, not just their academic abilities." #gtchat
12:35 pm



Lisa_Rivero ...And in terms of Dabrowskian disintegration, adolescence is a prime time for struggling with "what could be" #gtchat
12:35 pm



giamojosephine RT @mskalyn: @DeborahMersino that is true... but sometimes my teen can be apathetic to her grades #gtchat sometimes apathy can be healthy!
12:35 pm



surfeventhorizn RT @Lisa_Rivero: @DeborahMersino When teens know that their OEs and intensities are normal for who they are... #gtchat
12:35 pm



DeborahMersino RT @mskalyn: @DeborahMersino that is true... but sometimes my teen can be apathetic to her grades <=you're not alone. #gtchat
12:35 pm



DeborahMersino RT @Lisa_Rivero: ...And in terms of Dabrowskian disintegration, adolescence is a prime time for struggling with "what could be" #gtchat
12:35 pm



Lisa_Rivero TIP: Try not to let your teen's intensities trigger your own in unhealthy ways. Draw emotional boundaries. #gtchat
12:36 pm



mskalyn RT @DeborahMersino: @Lisa_Rivero @DeborahMersino @mskalyn Good reminder. Not always easy, but a healthy reminder. #gtchat
12:36 pm



DrGaryBrannigan I always say that intelligence can only take one so far, character makes the difference! #gtchat
12:36 pm



__Quest @DeborahMersino Any bios/films you recommend in particular? #gtchat
12:36 pm



asynschlr/sfnd RT @Lisa_Rivero: they can begin 2 understand others better, as well as themselves. Not everyone is intellectually intense, 4 example #gtchat
12:36 pm



kim_mceill Only somewhat true to gt accept as-is. But to get to other things that they need to learn/do, need to give a lot to their interests #gtchat
12:36 pm



mskalyn @lisa_rivero I agree because sometimes you just don't know what to do to energize them #gtchat
12:36 pm



asynschlr/sfnd RT @Lisa_Rivero: TIP: Try not to let your teen's intensities trigger your own in unhealthy ways. Draw emotional boundaries. #gtchat
12:36 pm



DeborahMersino @Lisa_Rivero - What about arguments? ;-) How can parents approach/handle the intensity? #gtchat
12:36 pm



Lisa_Rivero Midlife and adolescence are two prime times for positive disintegration--yikes! lol #gtchat
12:36 pm



mskalyn @giamojosephine how so? #gtchat
12:37 pm



DeborahMersino @__Quest I'll shoot you some titles afterwards! ;-) #gtchat
12:37 pm



__Quest RT @Lisa_Rivero: TIP: Try not to let yr teens intensities trigger yr own in unhealthy ways. Draw emotional boundaries<xcellent tip! #gtchat
12:37 pm



DeborahMersino RT @Lisa_Rivero: Midlife and adolescence are two prime times for positive disintegration--yikes! lol <double disintegration going on #gtchat
12:37 pm



Lisa_Rivero @DeborahMersino Arguments are so tough with teens. It helped me to disengage emotionally as much as I could. It was good practice... #gtchat
12:37 pm

cybraryman1 Cheer up. It is easier to love unconditionally when it is your grandchild. So there is hope.
12:37 pm #gtchat



giamojosephine RT @mskalyn: @lisa_rivero ... don't know what to do to energize them #gtchat are you sure
12:37 pm you're not talking about boredom/resignation?



__Quest @DeborahMersino Thanks :D #gtchat
12:37 pm



jofrei RT @Lisa_Rivero: TIP: Try not to let your teens intensities trigger your own Draw emotional
12:37 pm boundaries Good tip sometimes not easy #gtchat



Lisa_Rivero re: arguments Also, sometimes it's okay to postpone conversations, or have part of them via
12:38 pm email or IM (it really does work) #gtchat



geraldangst @Lisa_Rivero @DeborahMersino Could be a great seminar course for gifted HS students.
12:38 pm #gtchat



DeborahMersino RT @Lisa_Rivero: TIP: Try not to let yr teens intensities trigger yr own in unhealthy ways.
12:38 pm Draw emotional boundaries<YES! #gtchat



daunjacobsen RT @Lisa_Rivero: ...And in terms of Dabrowskian disintegration, adolescence is a prime time
12:38 pm for struggling with "what could be" #gtchat

cybraryman1 Arguments. Reassure them that you love them but it is the behavior you have difficulty with.
12:38 pm #gtchat



mskalyn MT @DeborahMersino: RT @Lisa_Rivero: Try not to let teens intensities trigger yr own in
12:38 pm unhealthy ways. Draw emotional boundaries #gtchat



giamojosephine RT @mskalyn: @giamojosephine how so? #gtchat apathy could be a safe say to say "I am
12:38 pm not interested, I'd choose something else if I could"



kim_mcneill @Lisa_Rivero Haha! So true--been down that no-win path & don't even have a teen yet.
12:38 pm #gtchat



Lisa_Rivero A good resource on sensitive adolescents: http://www.sengifted.org/articles_learning/Edmunds_Sensitivity.shtml #gtchat
12:38 pm



asynschlrfsnd RT @lisa_rivero: re: arguments Sometimes it's okay to postpone conversations, or have part
12:39 pm of them via email or IM (it really works) #gtchat



mskalyn @giamojosephine resignation #gtchat
12:39 pm



Lisa_Rivero @kim_mcneill :) A teen in part, perhaps. #gtchat
12:39 pm



mskalyn @giamojosephine ooohhhhhh ok thanks! #gtchat
12:39 pm



DeborahMersino RT @Lisa_Rivero: re: arguments/sometimes its okay 2 postpone conversations or have part
12:39 pm of them via email or IM (really does work) #gtchat



asynschlrfsnd Great resource! RT @lisa_rivero: A good resource on sensitive adolescents: <http://bit.ly/mAs8or> #gtchat
12:39 pm



Lisa_Rivero A good resource on depression in gifted adolescents: <http://psych.wisc.edu/henriques/papers/Jackson.pdf> #gtchat
12:39 pm



__Quest @Lisa_Rivero Love idea of having some conversations via email: the logic and pace of text could help avoid endless loop. Will try! #gtchat
12:39 pm

cybraryman1 Listen to their point of view. You may have to adjust yours. #gtchat
12:39 pm



DeborahMersino @kim_mcneill Me too! :-) #gtchat
12:39 pm



asynschlrshnd RT @lisa_rivero: A good resource on depression in gifted adolescents: <http://psych.wisc.edu/henriques/papers/Jackson.pdf> #gtchat
12:40 pm

flocabulary @deborahmersino We've gotta run! But we think all you #gtchat -ers and your kids will like Shakespeare rapping: <http://ow.ly/4JRg8>
12:40 pm



Lisa_Rivero @__Quest It worked well for us! The texting aspect removed the emotions (on my part, as well) #gtchat
12:40 pm



kim_mcneill @DeborahMersino CT region 15 much against singling out children academically--but if you're good at art, the world is your oyster. #gtchat
12:40 pm



DeborahMersino @Lisa_Rivero - How does a parent draw a boundary when teen is trying to exert normal independence? So hard to discern... #gtchat
12:40 pm



Lisa_Rivero TIP: Re: college - Some college honors programs can provide an Ivy League education at a lower price and closer to home. #gtchat
12:41 pm



DeborahMersino RT @cybraryman1: Listen to their point of view. You may have to adjust yours. #gtchat
12:41 pm



tbbrwn @cybraryman1 great point...wise to know one's self and motivations (and be flexible/ comfortable enough to change if nec). #gtchat
12:42 pm



Lisa_Rivero @DeborahMersino Re: boundaries I don't think there is one answer. If something doesn't feel right/safe on a gut level... #gtchat
12:42 pm



giamojosephine RT @mskalyn: @giamojosephine resignation #gtchat ...all work and no play makes gifted teen a resigned teen...no? Rediscover play.
12:42 pm



kim_mcneill @Lisa_Rivero Is sensitivity why my 12yo is afraid of the dark & gets upset if a worm is stranded on a dry sidewalk or something else? #gtchat
12:42 pm



DeborahMersino @lisa_rivero If your child behaves like a surly teenager early on (knows everything), what can parents expect when their teens? #gtchat
12:42 pm



Lisa_Rivero ... then we need to be able to say "no" and not get roped into an endless argument. The world won't end. #gtchat
12:43 pm



__Quest Interested in how teen intensities are expressed compared to at younger age? #gtchat
12:43 pm



Lisa_Rivero @kim_mcneill Those kinds of sensitivities are so normal for a gifted 12 yo! (even in many adults) Not easy, but normal #gtchat
12:43 pm



DeborahMersino RT @Lisa_Rivero: ... then we need to be able to say "no" and not get roped into an endless argument. The world wont end. <-good #gtchat
12:43 pm



kim_mcneill @Lisa_Rivero Trying to learn all of this new-to-me gifted vocab! #gtchat
12:43 pm



__Quest RT @DeborahMersino: RT @Lisa_Rivero: ... then we need to be able to say "no" and not get roped into endless argument. <-good #gtchat
12:44 pm



DeborahMersino @giaimojosephine @mskalyn Play is where my dd learns most/shows most fascination. Independent learning/autonomy/fun = growth #gtchat
12:44 pm



DeborahMersino @lisa_rivero - By the way - You are doing GREAT today! #gtchat
12:44 pm



Lisa_Rivero @DeborahMersino I wish I could say that when teen behavior starts early, it will end early, but not always. There are ebbs & flows #gtchat
12:45 pm



DeborahMersino RT @__Quest: Interested in how teen intensities are expressed compared to at younger age?<=Great question 4 @lisa_rivero #gtchat
12:45 pm



Lisa_Rivero @DeborahMersino Thanks so much! A bit out of my reflective comfort zone, lol, but I'm so glad to be here. #gtchat
12:45 pm



giaimojosephine RT @lisa_rivero: good resource on depression in gifted adolescents: <http://bit.ly/IMr67q> #gtchat <== started reading this article, like it.
12:45 pm



DeborahMersino @kim_mconeill You're catching on quick! @lisa_rivero 's book explain a lot of the terminology/ make it digestible in powerful way. #gtchat
12:45 pm



Lisa_Rivero @DeborahMersino @__Quest Sometimes in teens the intensities go inward rather than become more pronounced. Apathy, for example... #gtchat
12:46 pm



__Quest RT @DeborahMersino: @lisa_rivero - By the way - You are doing GREAT today! <Hear hear! #gtchat
12:46 pm



Lisa_Rivero Or think about psychomotor intensity, and how little opportunity there is in high school for activity during the day. #gtchat
12:46 pm



ljconrad Hi from Pittsburgh! Sat in pouring rain all AM. Ah ... choo! #gtchat
12:46 pm



tonnet True! RT @cybraryman1: The most important thing for a parent is to accept your child for who they are not who you want them to be. #gtchat
12:46 pm



DeborahMersino @lisa_rivero - How, then, can a parent address (apathy)? #gtchat
12:46 pm



DeborahMersino @ljconrad Glad you popped in Pittsburgh! #gtchat
12:47 pm



Lisa_Rivero One important thing to remember is that the need for an affective/emotional education doesn't stop at high school. #gtchat
12:47 pm



mskalyn @giaimojosephine ok! #gtchat
12:47 pm



jofrei @ljconrad Hi! Glad you could drop in! #gtchat
12:47 pm



Lisa_Rivero @DeborahMersino I would ask how we address apathy in a similar adult? By getting to it sideways, not saying "you must care," but... #gtchat
12:48 pm



jofrei RT @Lisa_Rivero: One important thing to remember is that the need for an affective/emotional education doesn't stop at high school. #gtchat
12:48 pm



DeborahMersino A Parent's Guide to Gifted Teens: Living w/Intense & Creative Adolescents by @lisa_rivero
12:48 pm <http://bit.ly/jjVtbZ> {4 those coming late} #gtchat



Lisa_Rivero ...making sure that there is no depression or underlying perfectionism. Encouraging honest
12:48 pm communication without pressure to achieve #gtchat



DeborahMersino RT @Lisa_Rivero: I would ask how we address apathy in a similar adult? By getting to it
12:48 pm sideways, not saying "you must care," but... #gtchat



__Quest @Lisa_Rivero Interesting! Knew how to recognise & learned to deal w/ earlier intensities - not
12:48 pm so good at teen ones. #gtchat



ljconrad @DeborahMersino @jofrei :D #gtchat
12:48 pm

cybraryman1 @Lisa_Rivero It never ends and then you get the grandkids #gtchat
12:49 pm



gjaimojosephine RT @lisa_rivero: Sometimes in teens the intensities go inward rather than become more
12:49 pm pronounced. Apathy, for example... #gtchat



DeborahMersino The Smart Teen's Guide to Living with Intensity by @lisa_rivero (for those coming late)
12:49 pm <http://bit.ly/ID0vp6> #gtchat



Lisa_Rivero @__Quest I think that's common. We don't think about the same difference in teens, but they
12:49 pm are there, just as they are in adults. #gtchat



Lisa_Rivero @cybraryman1 @Lisa_Rivero :) #gtchat
12:50 pm



mskalyn @DeborahMersino indeed #gtchat
12:50 pm



ljconrad *sigh* And I thought I was all done in 3 weeks! #gtchat
12:50 pm



DeborahMersino @lisa_rivero - When might it be appropriate for a parent to seek counseling (ideally
12:50 pm w/counselor familiar w/gifted)? #gtchat



Lisa_Rivero I can share something from our own parenting. I was so worried about things in high school
12:50 pm that just weren't important... #gtchat



gjaimojosephine RT @lisa_rivero: ..how little opportunity there is in high school for activity during the day.
12:50 pm #gtchat ..or self-directed, creative movement



kim_mcneill @DeborahMersino @lisa_rivero I e-mailed myself the link--yay! I am late for apptmnt just so I
12:51 pm could finish the chat! Thanks, 2 both! #gtchat



DeborahMersino @Lisa_Rivero Say more! #gtchat
12:51 pm



Lisa_Rivero What mattered is that our son learned to make his own goals re: grades, learn how to set his
12:51 pm own schedule... #gtchat



gjaimojosephine RT @lisa_rivero: address apathy in a similar adult? By getting to it sideways, not saying "you
12:51 pm must care," but... #gtchat <==Yes!



DeborahMersino @kim_mcneill Glad you were with us! #gtchat
12:51 pm



Lisa_Rivero @DeborahMersino Re: counseling If your gut is telling you something is wrong, it doesn't hurt to seek professional guidance... #gtchat
12:51 pm



kim_mcneill @DeborahMersino @lisa_rivero And how does one find a counselor familiar w the gifted?
12:51 pm #gtchat



DeborahMersino @Lisa_Rivero What did you worry about when he was in HS that didn't matter as much later?
12:52 pm #gtchat



Lisa_Rivero ...especially if it's done as a family and not to "fix" a problem child #gtchat
12:52 pm



Lisa_Rivero I think it is good modelling #gtchat
12:52 pm



__Quest @Lisa_Rivero Was that thru hmeschling? A particular approach you took? Or he just matured? #gtchat
12:52 pm



gjaimojosephine RT @lisa_rivero: What mattered is that our son learned to make his own goals re: grades, learn how to set his own schedule... #gtchat
12:52 pm



Lisa_Rivero @DeborahMersino What classes he took. Whether he took AP classes (he didn't). How many friends he had (instead of the quality)... #gtchat
12:52 pm



DeborahMersino @kim_mcneill Check out www.gifteddevelopment.com or www.SENG.org as a starting point. I also know others. #gtchat
12:53 pm



Lisa_Rivero The most valuable gift we can give our teens is time and space to be themselves. Hard to do in today's busy world. #gtchat
12:53 pm



DeborahMersino RT @Lisa_Rivero: ...especially if its done as a family and not to "fix" a problem child <-such a good point regarding counseling. #gtchat
12:53 pm



Lisa_Rivero Hoagies gifted adolescents resources <http://www.hoagiesgifted.org/adolescents.htm> #gtchat
12:53 pm



DeborahMersino RT @Lisa_Rivero: The most valuable gift we can give our teens is time and space to be themselves. Hard to do in todays busy world. #gtchat
12:53 pm



Lisa_Rivero @__Quest I think it was both, but maturation matters and is on its own timetable #gtchat
12:54 pm



gjaimojosephine RT @lisa_rivero: The most valuable gift we can give our teens is time and space to be themselves. Hard to do in today's busy world. #gtchat
12:54 pm



DeborahMersino @lisa_rivero - Would you say it's important for adults to know about their own OEs and intensities first? #gtchat
12:54 pm



DeborahMersino @lisa_rivero - TY for sharing a bit of you own journey. I can see how a parent could easily fret over AP classes/friends/etc. #gtchat
12:55 pm



__Quest @Lisa_Rivero True - think how much we could relax if we could see a glimpse of future now.. (I hope..!) #gtchat
12:55 pm



Lisa_Rivero @DeborahMersino Oh, yes! When we see that we are intense, we know that it's normal in our teen, not something to grow out of #gtchat
12:55 pm



DeborahMersino RT @Lisa_Rivero: Hoagies gifted adolescents resources <http://www.hoagiesgifted.org/adolescents.htm> #gtchat
12:55 pm



Lisa_Rivero A really good blog for smart teens (hs and college) about studying: <http://calnewport.com/blog/>
12:56 pm common sense advice #gtchat



DeborahMersino @Lisa_Rivero - And I think it complicates matters when were unaware or not conscious of our intensities...esp when things get dicey! #gtchat
12:56 pm



thebirdsisters RT @Lisa_Rivero: A really good blog for smart teens (hs and college) about studying: <http://calnewport.com/blog/> common sense advice #gtchat
12:56 pm



DeborahMersino RT @Lisa_Rivero: A really good blog for smart teens (hs and college) about studying: <http://calnewport.com/blog/> common sense advice #gtchat
12:56 pm



Lisa_Rivero @DeborahMersino There is so much pressure to fret, to overschedule and pressure! We need to be brave not to give in. #gtchat
12:56 pm



Lisa_Rivero @DeborahMersino Yes! We don't see how our own intensities are affecting the family dynamics #gtchat
12:56 pm



DeborahMersino @Lisa_Rivero So true. Parents often feel they're "giving in" or "being too soft" as opposed to honoring the "whole" child/teen. #gtchat
12:57 pm



DeborahMersino Just a few minutes left! Final questions, thoughts, learns, aha moments? #gtchat
12:57 pm



Lisa_Rivero @DeborahMersino Yes, we are told our standards aren't high enough if we give our children some needed space. #gtchat
12:57 pm



__Quest RT @Lisa_Rivero: @DeborahMersino There is so much pressure to fret, to overschedule and pressure! We need to be brave not to give in #gtchat
12:58 pm



Lisa_Rivero RT @__Quest: @Lisa_Rivero True - think how much we could relax if we could see a glimpse of future now.. (I hope..!) / Love this! #gtchat
12:58 pm



DeborahMersino Final thought/learn: It's okay to "let go" of uber-high standards/instead focus on helping teen/child blossom into themselves! #gtchat
12:58 pm



asynschlrfsnd RT @Lisa_Rivero: The most valuable gift we can give our teens is time and space to be themselves. Hard to do in today's busy world. #gtchat
12:59 pm



pschooltoolbox RT @DeborahMersino: Final thought/learn: It's okay to "let go" of uber-high standards/instead focus on helping teen/child blossom into themselves! #gtchat
12:59 pm



DeborahMersino I highly recommend both books. Teens will learn a LOT from "The Smart Teens' Guide to Living with Intensity." #gtchat
12:59 pm



__Quest RT @DeborahMersino: Its okay to "let go" of uber-high standards/instead focus on helping teen/child blossom into themselves! #gtchat
12:59 pm

cybraryman1 @Lisa_Rivero: @DeborahMersino Thanks for such an important discussion #gtchat
1:00 pm



asynschlrfsnd RT @Lisa_Rivero: Hoagies #gifted adolescents resources <http://bit.ly/YozIH> #gtchat #fb
1:00 pm



Lisa_Rivero @DeborahMersino Thank you so very much, Deborah! #gtchat
1:00 pm



jofrei @DeborahMersino Thank you very much @Lisa_Rivero and @DeborahMersino -an excellent session! #gtchat
1:00 pm



DeborahMersino Congratulations and a big thank you to @lisa_rivero for doing such a splendid job as our
1:00 pm Guest Expert today!! #gtchat



DeborahMersino Congratulations and a big thank you to @lisa_rivero for doing such a splendid job as our
1:00 pm Guest Expert today! #gtchat



gjaimojosephine #gtchat Thank you, Lisa, and Deborah!!!
1:00 pm



__Quest @Lisa_Rivero very helpful thoughts and tips. Looking forward to diving into the books. #gtchat
1:00 pm



asynchschrfsnd Thanks for another excellent #gtchat. @lisa_rivero Thanks for all the wonderful expertise and
1:01 pm advice!



Begabung #gtchat Thank you for great chat! Danke schÅ¶n!
1:01 pm



gjaimojosephine RT @__Quest: @Lisa_Rivero very helpful thoughts and tips. Looking forward to diving into
1:01 pm the books. #gtchat



Lisa_Rivero @DeborahMersino This was such a pleasure! Thank you all. Your children are lucky to have
1:01 pm you as parents. #gtchat



DeborahMersino That's it for this session of #gtchat. Join us at 7pm/EDT as we discuss "Why Gifted Kids Just
1:01 pm Want R*E*S*P*E*C*T." #gtchat



DeborahMersino And thank you to all of today's participants. Excellent questions, sharing, dialogue...
1:02 pm Collaboration does indeed rock! #gtchat



Lisa_Rivero RT @DeborahMersino: Thank you to all of today's participants. Excellent questions, sharing,
1:03 pm dialogue. Collaboration does indeed rock! #gtchat